

Time	Events	Time	Events	Time	Events
8.15	Pole Vault				
9.30	60m (Masters)				
9.35	70m				
9.50	100 yrd				
10.05	100m Hurd (Mens)	10.05	110m Hurd		
10.25	50m				
10.20	Hammer/Discus	10.20	Triple Jump		
10.50	Javelin				
11.05	High Jump (7yrs)				
11.20	100m Hurd (Womens)				
11.30	145m				
11.45	3000m	11.45	1500m Walk	11.45	1 Mile
12.20	80m Hurd	12.20	80m (8yrs)		
12.30	Shot				
12.45	200m Hurd	12.45	200m		
1.00	400m	1.00	400m Hurd		
1.10	80m (Masters)				
1.20	700m Walk	1.20	1500m Walk	1.20	1000m

**Please note that event times are only approximate and subject to change**