

# Mount Isa Athletics

## PRESS RELEASE

Club Day – 3 Sept 2016

After a slow couple of weeks results wise at the Mount Isa Athletics club days the athletes have come back with vengeance.

One of the best High Jump performances the club has seen came from eleven year old Rico Waerea who managed to jump over his own height finishing on an incredible 1.40m and breaking his current club record by six centimetres. To reinforce just how good the jump was it has matched the Gold ANQ Development Squad qualifier for 13 year olds.

17 year old Erin Faithful was on her game as well pushing her U/18 Triple Jump record out to 9.72m and increased the Shot Put record to 10.92m. Her Triple Jump distance saw her get her seventh ANQ Development Squad qualifier for the year.

Personal Best's were also back on the agenda, 10 year old Ally Haddon backed up her Perfect Score from the previous week with another 5 from 5 PB's. Also backing up was Ruby Clewett (13) who also clinched 5 from 5 after going home with a respectable 4 from 5 last week. Four other athletes, Tileah Mearns, Amy Haddon, Remmy English and Jayden Boshoff all came oh so close finishing the day with four. Mason Turner also performed well with 3 and an equal from five.

When it comes to coming close seven year old Illy Chapman definitely takes the cake. She managed a three centimetre PB in Discus but missed one in her 60m by 0.1 seconds another in the 80m also by 0.1 seconds she was 1 centimetre short in her long jump and only three centimetres short in Turbo Jav. While not so good in the PB stakes she deserves a prize for consistency.

There must have been something in the air last Saturday, while quite a number of PB's were achieved 109 to be exact, many of them were quite substantial increases. There were no less than 29 noteworthy performances with some of the best being Molly Duffell taking 16 seconds off her 1500m, Amy Haddon bettering her 800m time by an incredible 29 seconds. Tileah Mearns, Sienna TeWani, Amy Haddon and Ruby Clewett all took a minimum of 3.5 seconds off their 200m times. Macklin Kretschmann, Hughie Dickenson-Jones, Corey Stewart, Amy Haddon and Ethan Cernoia all added at least 2 metres to their throwing events. Ethan actually added 2 metres to his shot put PB. Also worth a mention are Charlotte Chapman and Zoe Duffell who both took over a second off their 80 sprint times. At such a late part of the season these are incredible results and should be applauded.

Four year old Kailan Turner must have had his listening ears on and it earned him this week's 'Mighty Minion' award

Charlotte Chapman, Reggie McMillan, Rico Waerea and Ally Haddon all had performances over the Legend Certificate levels and will receive the awards this Saturday.

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### CLUB VENUE

Sunset Oval  
Able Smith Parade  
Mount Isa, Queensland

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Best keep your head down if you're anywhere near Sunset Oval this Saturday afternoon as there may be some low flying Superheros buzzing around. At the end of each season the club celebrates its final club day of the year with D-M-D Day (Disney-Marvel-DC) or Superhero Day as it is better known. Athletes, Parents and Officials will don the costumes of there favourite characters for the afternoon and release some super performances.

The following day, Sunday 11<sup>th</sup> will see many of the 14 years plus athletes return to the oval to battle for the King and Queen of the ring in the clubs second 'Isa Throws Pentathlon' of the year.