

Mount Isa Athletics

PRESS RELEASE

Club Day - 21 May 2016

The Perfect five from five Personal Bests have been a scarce commodity of late at the Mount Isa Athletics club competition days but it seems that the drought may have been broken. Two athletes 10yr old Luke Alexander and 16yr old Teaghan Goodger both managed to accomplish the feat at a recent club day which brings the season tally to three. It could have been much different though, twelve others, Katie Brock, Connor Howard, Jayden Boshoff, Riley Williams, Tyson Hales, Lili Clewett, Imogen Beetham, Hayley Brock, Jaxon Constantinou, Jessie-Mae Eggmolesse, Erin Faithful and Clair Ellen all ended the day only one PB short of the clean sweep finishing with four. Tileah Mearns and Lulu Morley also put in a gallant effort accomplishing three PB's plus an equal with both mirroring their 100m PB's.

It was impossible to single out one particular age group as the best performers as virtually every group achieved better than a 50% success rate with the club as a whole achieving 220 PB's.

Club Records were looking a little scarce as the results were being entered but then Breanna 'Cannon' Waerea opened the flood gates for the older age athletes. Cannon added a metre to her 14yr women's Discus record throwing 28.24m. Erin Faithful did similar adding a half meter to her U/18 Discus. Mitchell Hujanen's running battle with coach Ken Dickson for Discus supremacy seemed to be getting tighter as Mitch pulled off a 3m PB to close the gap but unbeknown to him Ken himself had already added a metre and a half to his 50-54yr men's Discus record (let the battle continue). There were many excellent performances in the 800m races across all of the age groups, shining brightest was Lachy McCoy who took three seconds off the 16yr men's record and Clair Ellen dropped the Open women's 800m time under three minutes running 2m 55.1s. Three jumps records were also bettered by Erin Faithful U/18 women's long jump – 4.44m, Ken Dickson 50-54yr men's long jump - 4.28m and James Stewart raised the bar to 1.49m in the 30-34yr men's high jump.

In a big slow down of Legend Certificates to be awarded, only four were achieved by Michaela Bracs – 100m & 200m, Tia Peel – Discus and Sienna Stehbens – High Jump.

'Mighty Minion' for the week was Michael Sexton (4) for his Great Effort in Hurdles and Big throw in Discus.

Breanna Waerea and Michelle Bracs both elevated their ANQ Development Squad qualifiers from Silver to Gold. Breanna with her 28.24m throw in Discus and Michelle's 25.08m effort in Javelin.

There will be no club day on the 4th June as a number of the clubs athletes and officials will be trekking to Townsville to compete at the ANQ Student Games which incorporates the ANQ All Comers and QMA (Queensland Masters) State Championships. The event has attracted over 600 competitors which includes athletes attempting to achieve qualifiers for the Olympic and Paralympic Games.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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