

Mount Isa Athletics

PRESS RELEASE

Club Day – 30th July 2016

Personal bests were in short supply at Mount Isa Athletic Clubs' last club day with the athletes averaging not much over 1 PB for every 5 events. Bucking the trend though was 12 year old Craig Williams who gained impressive PB's in all 5 of his events making him only the 9th Recipient of the year for the coveted 5 from 5 PB medallion.

Harleigh O'Brien and Jye Shillabeer both came 1 PB short, on 4, with Jye falling a mere 9cm short in Discus. Jaidyn Ferris finished with 3 PB's and an equal time in his 100m and a frustrating 3 foul in his Javelin which may have left him wondering what may have been. Jade Scott and Connor Baker also managed 3 PB's and an equal.

By far the best performing age group was the 8 year olds. While being the smallest group with just 5 in attendance they finished the day with a combined total of 16 PB's between them.

It was a case of different week different record for the Clubs' Shot Put Cannon, Breanna Waerea, who this time extended her 14 years Shot Put record out to 10.89m. It must have been good Shot Put weather as Erin Faithful also extended her record in the U18 Womens to 10.18m. Denzil Perkins' speed is proving beneficial in his jumping events adding more than half a metre to an 11 year old Triple Jump record for the 12 year boys. Denzil finished with a jump of 9.66m which was also a Silver ANQ Development Squad qualifier.

Ella Cowens' consistent effort in all her events will see her receive this weeks Mighty Minion award.

The efforts of the athletes continue to be rewarded with another 7 sharing in 8 Legend Certificates this week. The recipients are Abbigail Green, Archer Curtis, Sienna Stehbens, Jaidyn Ferris, Harleigh O'Brien, Scarlett Venz and Zeb Kretschmann.

There will be a band of athletes heading off to Longreach on Rodeo weekend to compete at the Outback Sunset Carnival which will incorporate the Primary and Secondary Schools Regional Athletics Championships. If successful there some may gain selection into the North West team to compete at the Queensland Schools State Championships in late October at Brisbane.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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