

Mount Isa Athletics

PRESS RELEASE

5 September 2015

Mount Isa Athletics can celebrate their first winner of a 'Total Legend' trophy for the 2015 season in seven year old Jaidyn Ferris. Total Legend trophies are only awarded to an athlete that can manage to achieve a Legend Certificate in every event available to them within the season. These certificates are set at a level of the top 10% to 20% of athletes in the state. This explains why the feat of getting one in all events is so difficult that it has only been won 8 times in the past four years. This being Jaidyn's second consecutive year.

The accomplishment becomes increasingly difficult as athletes get older as the number of events they are able to compete in increases. For example 12yr old Michelle Bracs currently has 12 Legend Certificates but still requires one more in the 1500m to complete the set. The only other that is one shy is 8yr old Sienna Stehbens needing only a 0.4 second improvement in her 800m.

15 more Legend certificates will be awarded this week to Sienna Hume, Lachy McCoy, Kadea O'Donnell, Jaidyn Ferris, Archer Curtis, Tia Peel, Bryleah Cullen, Anni-Rose Gowland and Tyler TeWani. This is a phenomenal amount for this late in the season and is a credit to the efforts of the athletes.

Club records also continue to tumble on a weekly basis, a number of the senior athletes and masters ran their full hurdle distances of 110m on Saturday and James Stewart and Ken Dickson were rewarded with club records for their efforts. Also claiming records in the 90m Hurdles were Michelle Bracs (12) running 17.3s and Conor Bowden (13) 15.4s. Conor is also edging his 400m record ever closer to the sub-minute this time running 60.3s.

The clubs jumpers also stepped up to break records this week with Rico Waerea (10) clearing 1.22m in high jump, Denzil Perkins (11) 4.34m in Long Jump. Erin Faithful (16) is pushing towards her 5m target leaping 4.78m and Master James Stewart hit his target jumping 5.00m exactly.

Great efforts on the PB front are still being achieved with Connor Howard securing his second Perfect 5 from 5 for the second time this season. Anni-Rose Gowland, Hayden Walter, Conor Bowden and Seam Mearns all put in gallant efforts finishing the day with 4 from 5

Bowden's results in the 400m and Hurdles qualified him for two more events in the ANQ Development Squad. The 90m Hurdles being a Gold qualifier and the 400m a Silver.

The usual sea of Green and Gold will be absent this Saturday Sept 12th and replaced with Superheros and Disney Princesses. The club has introduced 'D-M-D Day' (Disney-Marvel-DC) where athletes can deck out as their favourite character or just wear their favourite shirt to celebrate the final Club day of the season. Parents and spectators are also encouraged to suit-up as many of the club officials and coaches will also be revealing their inner Superhero.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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