

Mount Isa Athletics



PRESS RELEASE

26 September 2015

Once again the athletes of the Mount Isa Athletics Club have risen to the occasion when one third of the club in a 47 strong team trekked to Townsville for Athletics North Queensland's NQ Championships last weekend.

The Isa team was the third largest club in attendance only beaten by Cairns by a mere two athletes and the home club of Townsville North Star. An impressive feat in itself considering Mount Isa possibly travels the longest distance of any ANQ club in attendance.

The athletes made sure their effort were not wasted returning with 139 Personal Bests from 339 events contested which equates to about a 40% success rate. They also achieved 105 placings in the form of 49 firsts, 28 seconds and 28 thirds.

The Scott family can lay claim to all three of the Championship records broken by Mount Isa athletes. Jade Scott lead out on Friday night in Pole Vault with a Personal Best, Club Record and Championship Record of 1.85m and was followed by father David with his 19.40s in the 110m Hurdles. David then went on to take the 40-44yr men's Decathlon points' record off fellow Isa Master Ken Dickson.

Isa Club Records also took a real hammering with no less than 23 existing club records having new marks set. Most impressive was 11yr old Denzil Perkins breaking club records in every track event from 100m to 1500m and then included Long Jump for good measure. Michelle Bracs's (12) form certainly picked up towards the end of the season taking out four records of her own in the 100m, 200m 400m and 200m Hurdles. Sienna Stehbens cleared 1.04m in the 8yr High Jump and 10yr old Sienna TeWani speared the Training Jav out to 16.21m the take that club record. Connor Baker found some extra grunt throwing the Hammer out to 19.00m. 13 year old Conor Bowden met another of his athletic goals in running a sub-minute 400m coming home in a time of 59.46s and also added the 200m Hurdle record to his ever growing list of achievements. Two of the clubs strongest female throwers in Breanna Waerea and Channai Hall claimed records in Weight Throw and Hammer Throw respectively and Dan Butler bettered the 15yr boys 200m Hurdle time. Erin Faithful's leap of 1.35m was enough to claim the 16yr girls High Jump Record, she also improved her Shot Put to 10.77m. Continuing with his Hurdling prowess David Scott improved the 40-44yr 400m Hurdle time to 1m 11.38s and Barb Baker took another 0.19s off her 60m sprint record and to round off these extraordinary efforts Chris Boshoff finished off with a 9.24m Putt with the Shot.

This year saw Mount Isa's largest contingent ever contesting the Multi-Events with four, Jade Scott, Courtney Boshoff, Erin Faithful and Patrick Baker in the Heptathlon (7 events) and five, Dan Butler, Josh Scott, Mitchell Hujanen, David Scott and Ken Dickson in the Decathlon (10 events). The Multi's are definitely the best way to draw the most out of an athlete as placing no longer matter and it is all about the result. This was most evident in the mini inter club battle between Josh and Dan where right up until the final events they were to and froing for supremacy but only

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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able to get 7 to 10 points away from each other in an event where they both finished with over 2000 points each

In a perfect display of how big events like the North Queensland Championships can bring the best out of an athlete 14 achieved Personal Bests in no less than 50% of the events they contested, keeping in mind that most of these athletes competed in 10 or more events over the weekend. While all athletes put in Trojan efforts most impressive were Illy Chapman 4 from 6 PB's, Cooper Douglas 3/4, Kadea O'Donnell 5/10, Sienna TeWani 4/7, Gabe Wood 3/6, Renee Bracs 6/10, Denzil Perkins 6/11, Michelle Bracs 7/14, Keisha Simpson 7/12, Conor Bowden 5/8, Channai Hall 3/3, Ryan Hujanen 6/8 and Multi-Eventers Jade Scott 7/9, Dan Butler 6/11 and Josh Scott 7/10.

In an added bonus from the weekend 8yr old Sienna Stehbens managed to secure the final Legend Certificate needed to receive the coveted 'Total Legend' Trophy for achieving a Legend Certificate in every event available to her. An amazing 15 more certificates were achieved on the weekend to Renee Bracs, Illy Chapman, Kadea O'Donnell, Ryan Hujanen, Jade Scott, Tyler TeWani, Sienna TeWani, Kisha Simpson, Lachlan Hume, Dan Grant, Breanna Waerea and Terri-Anne Knight this is an incredible feat this late in the season.

In another example of how well the Isa athletes performed 8 more ANQ Development Squad silver levels were met by Michelle Bracs – 100m & 400m, Conor Bowden – 200m, Lachy McCoy – 400m, Terri-Anne Knight – Discus, Dan Grant – High Jump – 1.70m, Breanna Waerea & Erin Faithful – Javelin and Patrick Baker - Pole Vault.

It was suggested by the ANQ Development Officer to the club coaches' that 13yr old Conor Bowden should enter the Hector Hogan memorial 100yrd race to give him a chance of experiencing the 'Big Show' of track and field. In an incredible display of grit and determination Conor actually placed 7th fastest and made it into the final alongside fellow Isa'n Kale BlackFlash' Johnson. The pair later found themselves going head to head in the Open relay event. The two Isa teams were impressive throughout the entire race and saw Conor leading into the home straight but the BlackFlash's lightning speed soon reeled him in. Mount Isa finished with a dominating 1st and 2nd place.