

# Mount Isa Athletics



## PRESS RELEASE

23<sup>rd</sup> June 2015

There has been a significant slowing at the Mount Isa Athletics Club in the amount of Perfect 5 from 5 personal bests achieved on Club days. There were 2 athletes however that bucked the trend and accomplished the feat. 6 year old Mia Blades had a blinder of a day posting significant PB's in all her events. The other recipient Francis Mangin also posted results well above her previous best but was faced with Hammer throw, the event she was least experienced with, to finish off the set. After a quick coaching session she hurled the Hammer out to a 1.5m PB.

In a tragic twist 6 year old Cooper Douglas could not have come any closer to his Perfect Score when he finished with 4 PB's and, after rounding, an equal time in his 80m. Kym Stehbens, Jessie-Mae Egmolesse and Gabe Wood each put in a solid effort to finish the day with 4 from 5 PB's. All were tantalising close to the Perfect set.

The younger athletes are now stepping up their game with 2 of the 10 records broken on the weekend going to 5 year old Scarlett Venz and 8 year old Sienna Stehbens. Scarletts' half second PB in the 80m saw her claim the 80m title with a time of 17.3s and high flying Sienna cleared 0.99m in the High Jump to take the 8 year girls record. Her sights are now firmly set on breaking the 1m mark.

13 year old Breanna "Cannon" Waerea's 26.12m with the Discus saw her claim the Club Record and elevate herself to Gold Level in the ANQ Development Squad.

Conor Bowden now holds the 13 year boys record outright after finishing the 100m in 12.8s making him the fastest 13 year old in the Club for the last 15 years.

Erin Faithful and Kale "Blackflash" Johnson both ran equal record times in their 100m. Erin now shares her 13.3s time with Holly Johnson and Kale equalled his own record time from last year.

Simona Reynolds increased her 30-34 years Shot Put record to 7.57m and Kym Stehbens added Shot Put to her resume of records and increased her Long Jump and Javelin distances while she was at it.

Eliza Woods' "excellent hurdling" will see her receive this weeks Top Tot award.

Legend Certificates continue to be issued on a weekly basis with Illy Chapman to receive one for her effort in the 80m and Jaidyn Ferris for 80m and Discus. The pair are joined by the Blade sisters, Zoe (200m) and Mia (80m and Discus).

The Club will now take a short break over the school holidays to recharge their batteries. Club days will resume at 2 pm on July 18<sup>th</sup> at Sunset Oval.

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### CLUB VENUE

Sunset Oval  
Able Smith Parade  
Mount Isa, Queensland

### CORRESPONDENCE

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