

Mount Isa Athletics



PRESS RELEASE

25 August 2015

It was the Throwers turn to step up at last Saturdays Mount Isa Athletics club day with the only two records of the day coming from the throwing rings. Sixteen year old Mitchell Hujanen finally managed to record an official 40 metre plus throw landing 43.10m on the weekend. His training throws are now starting to edge 50 metres so he is planning on bypassing the mid 40's and is now determined to crack the 50 metre mark.

The other impressive result was from thirteen year old Breanna 'Cannon' Waerea who pumped out a 10.46m shot put throw adding another 27cm to her previous club best. Cannon's improvement showed good consistency after throwing 10.70m at the schools district championships only a day earlier. Both athletes along with many others are now preparing for the schools regional championships in Longreach on the 22nd and 23rd of August. Hujanen however has made himself unavailable for selection into the North West schools team due to the financial strain associated with representative duties and travel.

Personal Best's were a scarce commodity on the weekend with only 118 being achieved from the 92 athletes in attendance, this resulted in no Perfect 5 from 5 medallions being claimed this week. Four determined athletes did put in their best efforts. Sienna TeWani, Courtney Boshoff, Drew Homuk and master athlete James Stewart all fell only one PB short finishing with four. Kadea O'Donnell also had a good day finishing with 3 personal bests and an equal time in her hurdles.

This week's five Legend Certificates to Micheala Bracs, Drew Homuk, Trinity perkins, Corey Stewart and Tino Mandizvidza brings the season tally to 146 a testament to the strength and depth of the talent that the Mount Isa club has.

Four year old Zeb Kretschmann has laid claim to this week's 'Top Tot' award for 'Throwing the Turbo Jav a long way with great Technique'

The Athletics club days continue this Saturday but will take a short break over Rodeo weekend. For any info on the club or to view the events calendar please visit the club website at www.mountisaathletics.com.au

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

CORRESPONDENCE

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