

Mount Isa Athletics



PRESS RELEASE

6th September 2014

Fifteen year old Josh Scott certainly likes to do things the hard way. At last Saturdays Mount Isa Athletics Club day Josh was the only athlete to secure the sought after 5 from 5 medallion. The feat of achieving 5 out of 5 personal bests becomes increasingly difficult as the season wears on and with last Saturdays events being the second last of the year it couldn't have been much more difficult. When faced with the 400m as his last event of the day he dug deep and came through with an 11 second PB to take the prize.

Three other athletes, Andrew Butler, Kritika Baniwal and Teaghan Goodger, all finished the day with 4 from 5. A solid effort from Kritika saw her fall only 18cm short of the fifth in discus and Teaghan was a mere 8cm off in shot put.

Seven year old Sienna Stehbens is still going from strength to strength this time breaking the turbo javelin record with a throw of 10.39m which had stood for the past nine years. Tanya Hales improved the 40-44 year Womens shot put to 8.37m and David Scott "Coach Awesome" pushed his 40-44 year Mens triple jump record out to 10.86m.

Two Top Tot Awards will be issued this Saturday to Zoe Duffell for her improvements in discus and Cody Hastwell for running the whole race in his own lane.

2014 has now moved into second spot for the highest total amount of Legend Certificate issued in a single year with the total currently at 240 Just short of last years record of 256 Adding to the tally was Narnia Verhoeven – 6 year Discus 8.89m, Jaydan Minniecon – 6 year Discus 9.00m, Michael Bracs – 7 year 100m 18.5s, Kai Fraser – 7 year Long Jump 2.70m, Kisha Simpson – 11 year Javelin 13.74m, Luke Hales – 7 year Long Jump 2.70m, Hayden Walter – 11 year Discus 17.22m and Connor Bowden – 12 year 400m 1m10.5s.

The season is now drawing to a close with just one more Club day left this Saturday. However for a number of athletes there will be a hectic couple of months of carnivals and championships which include the Mount Isa Retro Day September 18th, ANQ Championships October 3rd - 5th, Alice Springs Master Games October 12th - 15th, Primary Schools State Championships October 14th & 15th, Secondary Schools State Championships October 23rd - 26th and the Pan Pacific Masters Games November 1st-3rd. And not to be forgotten the Mount Isa Athletics Club Break-up and Presentation is on October 18th.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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