

# Mount Isa Athletics

## PRESS RELEASE

21 May 2014

Last Saturdays' Mount Isa Athletics Club competition day was nothing short of exceptional. The 118 attending athletes finished the day with 194 PB's, 3 Perfect 5 from 5 PB's, 9 Club Records, 24 Legend Certificates and 6 new ANQ Development Squad qualifiers.

During the pre-competition presentations Coach Awesome (David Scott) instructed the athletes that it was now time to "step it up a notch" as everyone was now able to achieve a perfect 5 from 5 medallion and boy did they listen. Three athletes Regan Hastwell, Channai Hall and Teaghan Goodger each seized the opportunity and netted 5 from 5 personal bests and will receive their medallions this Saturday. It could have proved a much more expensive exercise for the Club as there were another 9 athletes, Hayley Brock, Trinity Perkins, Molly Duffell, Connor Baker, Danial Butler, Aiden Sweeney, Brent Davies, Oliver Hogan and Tom Clancy, who came agonisingly close with all finishing their day just one PB short on 4 from 5.

The most outstanding age group was undoubtedly the five year olds as not one of the 11 pint sized athletes achieved less than 3 PB's and three even finished the day off with 4. Also faring well was the 8 year and 9 year groups both with 12 athletes totalling 27 PB's for the day.

Club Records took a major battering with a total of 9 taking a tumble. Denzil "Lightning" Perkins (10) knocked 0.6s off his 200m time, Michelle Bracs is best known for her speed on the track but has shown her diversification adding 2 metres to the 11 year girls discus, Breanna "Cannon" Waerea has sent out an ominous warning to future shot putters having only just gone up a weight to 3kg and has already increased the 12 year record to 9.54m and will soon be throwing 10 metres, Courtney Boshoff equalled the 13 year girls High Jump with a leap of 1.36m. Erin Faithful has been going up against Coach Ken Dickson in the sprint races in an endeavour to lower her times. This has proved successful with Faithful posting a record equalling 13.1s in the 100m. Brianna "Thor" Smith added another throw record to her name with her 22.69m discus throw. Paul Smith lowered his 50-54 year 100m time to 22.3s, Nancy Wing just keeps getting better posting a 5.39m throw in the 70-74 womens shot put and the Clubs' sole Para athlete (Athlete with Disability) Daniel Wing was very pleased to increase his shot put record to 6.55m.

Charlize Madden will receive this week's Top Tot award for her great javelin throwing.

Legend Certificates will be aplenty this Saturday with 16 athletes to receive a total of 24 certificates for outstanding results. Recipients will be Ashtyn Tully, Kai Fraser, Luke Hales, Trinity Perkins, Jace Fraser, Katidjah Fraser, Terri-Anne Knight, Tarell Rea, Lachlan McCoy, Erin Faithful, Sienna Stehbens, Rico Waerea, Courtney Boshoff, Aiden Sweeney, Breanna Waerea and Teuila Kohlhase.

Another six ANQ Developments Squad qualifiers were achieved with a few new names entering the mix. Erin "Beast" Faithful increased her 100m qualifier to Gold level with her 13.1s 100m which she backed up with a Silver level 200m time of 28.9s, Breanna "Cannon" Waerea powered

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### CLUB VENUE

Sunset Oval  
Able Smith Parade  
Mount Isa, Queensland

### CORRESPONDENCE

Mount Isa & Districts Athletics Association  
P.O. Box 2074  
Mount Isa, Qld, 4825

### CONTACT US

Ph: 0402 219 039  
Email: [enquiries@mountisaathletics.com.au](mailto:enquiries@mountisaathletics.com.au)  
Web: [www.mountisaathletics.com.au](http://www.mountisaathletics.com.au)

her way into the squad with a 20.80m discus and 9.45m shot put, Courtney Boshoff's high jump of 1.36m saw her enter the Development Squad ranks and Club newcomer Tarell Rea also entered the Squad for the first time with her 13.9s 100m.

Anyone considering giving athletics a go should log on to [www.mountisaathletics.com.au](http://www.mountisaathletics.com.au) or come down to next Saturday's club day at 2.00pm at Sunset Oval.