

Mount Isa Athletics

PRESS RELEASE

14 May 2014

The Personal Best's are now starting to flow freely at the Mount Isa Athletics Club's competition days. Numbers were down slightly due to all the events in the city that were on over the weekend but nearly all of the 105 attending athletes went home with at least one PB to their name. Two athletes, Illy Chapman (5) (daughter of one of the clubs star sprinters Kale "BlackFlash" Johnson) and Tyler TeWani (6) took the battle for personal best's head on achieving 4 from 5. No athlete was able to acquire the perfect 5 from 5 as all athletes were having their first attempt at hurdles for the year. As of next week though that all changes as all athletes have now had the opportunity to compete in every event available to their age group over the past three weeks. It will be interesting to see if the club as a whole can rival last year's record effort of 30 Perfect 5 from 5's for the season.

As predicted the two junior Hammer throw records took a tumble on the weekend. Patrick Baker's two and a half metre PB from the previous week was enough to secure him the 13yr boy's Hammer record setting the new mark at 21.71m. Brianna 'Cannon' Waerea threw 17.29m on debut adding exactly one metre to the old 12yr girl's record. Cannon has been throwing over 20.00m at training so expect to see this record to increase steadily over the season.

A group of the master athletes thought they would have a bit of fun and give Triple Jump a go for the first time. While it wasn't about the results it did turn out to be a fierce competition for two separate pairs. With Sharon Dickson just piping Paul Smith by a mere 4cm and even closer were Nancy Wing and Kath Hujanen with Nancy emerging the victor by a single centimetre. On further investigation it turns out that Queensland Masters doesn't even have a record for the 70-74yrs age group which Miss Nancy is a part of. Sadly club meet results can't be recognized as state records.

First timer Scarlett Venz will receive the season's second 'Top Tot' award for doing a great job in her running events.

16 Legend certificates will be issued to 11 athletes this coming Saturday for results above the required levels in the Champ/Legend charts, they are. Bryleah Cullen – Shot - 5.87m, CJ Brice-Houseman - 90m Hurdles - 14.5s, Cooper Douglas – 60m Mini Hurdles – 15.9s, Jace Fraser – 60m Hurdles – 12.3s, Jaidyn Ferris – 100m – 20.9s, Katidjah Fraser – 60m Hurdles – 12.5s & Shot – 5.51m, Narnia Verhoeven – 100m – 20.4s, 60m Hurdles – 14.9s & Shot – 3.69m, Rehan Bell – 60m Hurdles – 14.0s, Rhylee Douglas – 60m Hurdles – 12.1s, Sienna Stehbens – 60m Hurdles – 13.9s & Turbo Jav – 8.34m and finally Terri-Anne Knight – Javelin – 14.26m & Shot – 6.49m.

Three of the teenagers hammered our ANQ Development Squad qualifying performances in Hammer throw last Saturday. 16yr old Carmen Preston's 30.63m throw saw her achieve a silver qualifier in the Under 18 standards, Erin Faithful's (15) 29.14 metres gave her a Gold qualifier in Under 16, Erin is well on her way to the 36.00m which would see her in the Queensland Q-Squad. 13yr old Channai Hall's throw of 20.51m netted her a silver qualifier in the U/16 standards.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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There will be a small band of athletes heading off to Townsville on the Queen's Birthday long weekend to compete at the ANQ Student Games and All Comers meet. It should prove a busy weekend for club coaches David Scott & Ken Dickson as they get another Decathlon (10 events) as well as their usual "couple of extras" under their belt. The Student Games section of the meet allows athletes that may not be affiliated with a club to compete along with club athletes from all over North Queensland. Nomination forms and Draft Timetable are available on the Mount Isa Athletics Club homepage.

Athletics will continue at 2.00pm this Saturday at Sunset Oval. New members are welcome all year and the club offers two free trial days for athletes new to the sport.