

Mount Isa Athletics



PRESS RELEASE

25 March 2014

The Mount Isa Athletic Club will kick off the 2014 athletics season with their sign-on to be held this Sunday the 30th March from 10.00am till 1.00pm at Sunset Oval. If volunteer numbers permit the clubs two Level 3 Coaches are hoping to entertain the new members with a crash course in some of the athletic events so they feel a little more confident come season start. There will also be a second sign-on on the middle weekend of the school holidays, Sunday 13th April during a special "Kids Athletics" competition being held for 4 to 12yr olds from 1.00pm to 3.00pm.

The first club competition day will be on Saturday 26th of April and will commence at 2.00pm, if anyone is able to offer assistance with set-up from 1.00pm on club days it would be greatly appreciated.

The Mount Isa & District Athletics Association is North Queensland's third biggest club and caters for all age groups, there is no age limit upwards making it one of the few sports where the whole family can compete at the same time and place. We are lucky to have a number of adults who train and compete and it is wonderful for the kids to see their parents "have a go". Athletics is open to anyone turning 5 years old in 2014 right through to Masters. The club also caters for budding athletes turning 4 years who are also able to join the Tiny Tots age group where events are modified to suit their age however no recordings are kept for this age group. Extra parental supervision is essential for this group. New athletes in all ages will need to bring along a copy of their birth certificate for sighting when registering.

The Mount Isa club boasts an impressive array of equipment for and outback town. They offer all the usual events as well as some of the not so common ones such as Hammer Throw and Pole Vault. As well a number of the older athletes are heavily into the Multi Events such as Decathlon and Heptathlon, so if there is something you have always wanted to try come on down and have a look.

For more information please visit the club website www.mountisaathletics.com.au or contact David "Coach Awesome" Scott on 0402 219039

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

CORRESPONDENCE

Mount Isa & Districts Athletics Association
P.O. Box 2074
Mount Isa, Qld, 4825

CONTACT US

Ph: 0402 219 039
Email: enquiries@mountisaathletics.com.au
Web: www.mountisaathletics.com.au