

# Mount Isa Athletics

## PRESS RELEASE

8 June 2014

Eight athletes from the Mount Isa Athletics Club put on a good showing in Townsville on the weekend returning from the ANQ Student Games and All Comers Meet with 14 Gold, 9 Silver and 3 bronze medals, 1 Meet Record, 10 Club Records, 2 Development Squad qualifiers and 21 personal bests. To top that off Denzil "Lightning" Perkins also took out the 10 year Boys Age Champion.

Lightning once again stepped it up at the carnival medalling in 9 of his 10 events and PB'ing in 5. He was caught a little unawares when his name was announced as the 10 year Boys Age Champion but wasted no time getting to the presentation area. Couple that effort with another handful of Club Records including the 400m – 1m 08.41s, 800m – 2m 46.10s, 1500m – 5m 44.01s and an equal height in High Jump of 1.17m you could say he had a pretty reasonable weekend.

13 year old Jade Scott was over the moon with her 1.50m clearance in Pole Vault which saw her bag a gold medal and also pushed her straight to a Gold Level Development Squad qualifier. Her 8.36m Triple Jump added another gold to her tally however it was hard fought as there was a mere 6cm to second place.

Trinity Perkins, 8, had a solid weekend bagging 4 PB's from a possible 7. She took out the Shot Put event with a throw of 4.14m and also placed in Discus and Long Jump. Trinity's 800m time of 3m 34.10s was a 27 second personal best and also earned her a Legend Certificate for her efforts.

Breanna "Cannon" Waerea lived up to her name by smashing out a 9.72m throw in the 12 year girls Shot Put easily taking Gold and even beating the boys by nearly a metre. The distance also advanced her current Club Record. Cannon finished the day with 3 from 5 PB's and another 2 Gold in Discus and Javelin.

Erin "Beast" Faithful was not at her best over the weekend and claimed that she is solar powered and that the overcast and drizzly days drained her power. Even though not at her best she managed to return with 1 Gold and 2 Silver and a Silver Level Development Squad qualifier for Heptathlon.

Sharon Dickson's return from illness saw her present a 20.19m Hammer throw which is still some way off her best but looking positive for a good showing at the ANQ Championships in October.

David "Coach Awesome" Scott and Ken "Kenforcer" Dickson locked horns once again in the Masters Decathlon. The pair were part of a 5 strong group to fight it out over 10 events at the weekend. Having just entered a new age group Coach Awesome was keen for a good showing which he provided. With the aid of a Meet Record distance of 5.61m in Long Jump he managed to convincingly beat Kenforcer by nearly 300 points. Had it not been for a career best performance from Cairns athlete Michael Day, Scott would have taken out the entire event.

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### CLUB VENUE

Sunset Oval  
Able Smith Parade  
Mount Isa, Queensland

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Along with the Long Jump result which was also an Isa Club Record Scott added the 40–44 year Pole Vault – 2.60m and Decathlon 4377 points to his ever growing list of records.

As a consolation Dickson claimed his own Club Records for the 45-49 year Long Jump – 4.60m and 110m Hurdles – 20.29s.

Both Scott and Dickson finished with 4 from a possible 7 PB's from the weekend.

The next event other than Club days for the Isa Club will be the Isa Records Challenge Day which is to be held on the 28<sup>th</sup> June at Sunset Oval. The Challenge Day is a new concept where athletes get a chance to challenge existing Club Records for events that are not offered on normal Club Days. The event is only opened to registered Club athletes. No medals or ribbons will be on offer and there will be no points gained for the end of year tally, just a chance to break Club Records which do not often get challenged.