

Mount Isa Athletics

PRESS RELEASE

25 June 2014

Once again there were many stars at the Mount Isa Athletics club day, but one certainly shone brighter last Saturday. Open athlete Kale "Blackflash" Johnson finally managed to join the 10 second club with a scorching 10.8s 100m. The time netted him the Mount Isa Club Record as well as elevating him to Gold Level in the ANQ Development Squad rankings. As an added bonus the run was recorded on video, the Clubs very own Coach Awesome (David Scott), himself running a record equalling 12.7s time for his age while wearing a GoPro was lucky not to get caught in the slip stream of the "Blackflash" as he quickly disappeared into the distance. The vision can be viewed on the Mount Isa Athletic Club Facebook page.

Johnson, not content with just one record, then backed up with another record breaking and Gold Level qualifier in the 200m running a time of 22.4s. The Blackflash is now looking forward to getting back on the synthetic track in Townsville at the ANQ Championships in early October.

Another 5 Records tumbled on the weekend. Javelin thrower Carmen Preston is working her way up towards 40m posting a comfortable 36.32m throw securely backing up her 37.72m throw at her school interhouse carnival weeks earlier. Illy Chapman joined two other 5 year olds in the record books with a 13.1s 60m. Tanya Hales claimed another 40-44 year Womens throw record pushing the shot put out to 8.11m. Coach Awesome claimed the 40-44 year Mens 200m from fellow coach Ken Dickson with a 26.5s time and Paul Smith lowered his 100m time to 21.0s.

Recent weeks has seen the Club haemorrhaging perfect 5 from 5 medallions. Last Saturday saw no athlete achieve the feat for the first time in 5 weeks. Four athletes, Oscar Martin, Riley Morris, Jaidyn Ferris and Rehan Bell all fell just one short with 4 PB's and Master athlete Paul Smith finished with 3 and an equal distance in his shotput.

The 7 and 9 year age groups performed best with both groups averaging around one and a half PB's from their 5 events. Two athletes in the nine year group, Rico Waerea and Gabe Wood, have been pushing each other to the limit week after week with the pair dead heating in the sprints on a weekly basis. It makes the coaches extremely happy that neither have conceded to the other and both performed to their best every time they meet.

Another 20 Legend Certificates will be presented once Club Days recommence after the school holidays on July 19th. Certificate recipients are Illy Chapman, Oscar Martin, Jaidyn Ferris, Renee Bracs, Michaela Bracs, Sela Naituku, Erin Faithful, Tarell Rea, Trinny-Rose Toby, Sienna Stehbens, Tia Peel, Jude Mullins and Riley Mullins.

Another two four year olds are up for Top Tot awards. Eminni Masterson will receive hers for her discus technique and newcomer Ethan Collings for his lightning speed over the hurdles.

This Saturday the club will be hosting the first ever Isa Athletics Records Challenge Day. The Challenge Day is a new concept where athletes get a chance to challenge existing Club Records

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

CORRESPONDENCE

Mount Isa & Districts Athletics Association
P.O. Box 2074
Mount Isa, Qld, 4825

CONTACT US

Ph: 0402 219 039
Email: enquiries@mountisaathletics.com.au
Web: www.mountisaathletics.com.au

for events that are not offered on normal Club Days Such as Pole Vault, 200m Hurdles, the Walks and events that have had weight changes over the years. The event is only opened to registered Club athletes but anyone can come down and watch, there will be at least 7 athletes between 13 and 50 years having a go at Pole Vault, for some it will be their first official recording. No medals or ribbons will be on offer and there will be no points gained for the end of year tally, just a chance to break Club Records which do not often get challenged or maybe create some that haven't been performed at the Mount Isa track. The day will commence around 9.00am.