

# Mount Isa Athletics

## PRESS RELEASE

17 June 2014

There seems to be no let up in the flow of great results from the athletes of the Mount Isa Athletics Club with another 14 Club Records falling in the past 2 weeks as well there has been another 5 Perfect 5/5's and 35 Legend Certificate levels reached.

The athletes are making the difficult feat of clinching a perfect 5 from 5 personal bests seem relatively easy when 5 Athletes, Bethany Minniecon, Michelle Bracs, Michael Bracs, Adu Baniwal, and Jude Mullins all having secured their medallions in the past 2 weeks. Amazingly over the same period there have been 25 More athletes that have given the perfect 5 from 5 a good old nudge with either 4 from 5 or 3 and an equal from 5. The unlucky bunch were Bryleah Cullen, Terri-Anne Knight, Molly Duffell, Riley Mullins, Leo Schafer, Cooper Douglas, Jaxon Constantinou, Phoenix McMillan, Renee Bracs, Carmen Preston, Kadea O'Donnell, Sienna TeWani, Denzil Perkins, Cooper Douglas, Hughie Dickinson-Jones, Jace Fraser, Rhylee Douglas, Taku Mandizvidza, Logan Bell, Ally Haddon, Tremaine Body and Michaela Bracs and Kai Fraser both backed up with 4 from 5 two weeks in a row.

Club Records have also been copping a hammering with another 14 taking a tumble. Sienna Stehbens claimed the 7 year girls 60m running a time of 10.8s. 11 year old Michelle Bracs keeps inching up her records in discus – 26.50m and javelin – 23.18m. Nicole Dickson's short return to town saw her take out the Womens U20 discus with a throw of 26.71m. The hurlers revelled in the windy conditions which saw 5 records lowered in the 90m Hurdles to Janus Grobler – 19.0s, Erin Faithful – 16.8s, Lachlan McCoy – 14.7s, David Scott 12.7s and Ken Dickson 16.8s. 73 year old Nancy Wing keeps improving posting a 1.75m Long Jump as is Brianna Smith with a 21.49m Javelin. 15 year old Mitchell Hujanen contained his excitement when he finally took out the Club Record for the Hammer throw in his age group, a feat he has worked towards all season. Throws Coach Ken Dickson bowed on bended knee to the "Queen" of the runway Carmen "Zeus" Preston when she was victorious in the head to head battle between the two with a throw of 35.88m.

Legend Certificates were again a plenty with Cooper Douglas, Katidjah Fraser, Oscar Martin, Kadea O'Donnell, Luke Hales, Michael Bracs, Lachlan McCoy, Illy Chapman, Sienna TeWani, Tyler TeWani, Jace Fraser, Tremaine Body, Michaela Bracs, Amy Haddon, Phoenix McMillan, Terri-Anne Knight, Tarell Rea, Les McMillan, Trinity Perkins, Connor Baker, Michelle Bracs and Kai Fraser all passing the required levels.

William Usher was awarded Top Tot at last Saturdays meet for Awesome Discus Throwing and this week will see two awards given to Emmi Zoch for Excellent Participation and Zoe Duffell for Great Discus Throwing and Overall Effort.

Three more ANQ Development Squad qualifiers have been achieved by Nicole Dickson – U20 Discus - 26.71m and Hammer – 26.66m, Lachlan McCoy U16 Hammer – 20.76m and Kale Johnson Open 200m – 22.8s and Triple Jump – 12.21m

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### CLUB VENUE

Sunset Oval  
Able Smith Parade  
Mount Isa, Queensland

### CORRESPONDENCE

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### CONTACT US

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This Saturday will be the last Club day for a few weeks as the Club takes a well deserved break over the school holidays. The action will start up again on Saturday 19th July.

But before Club officials and athletes get a rest there is still one thing left on the calendar – on the 28<sup>th</sup> June the Club will be hosting the Isa Athletics Records Challenge Day. The Challenge Day is a new concept where athletes get a chance to challenge existing Club Records for events that are not offered on normal Club Days Such as Pole Vault, 200m Hurdles, the Walks and events that have had weight changes over the years. The event is only opened to registered Club athletes. No medals or ribbons will be on offer and there will be no points gained for the end of year tally, just a chance to break Club Records which do not often get challenged. Nomination forms are available on the club website [www.mounrisaathletics.com.au](http://www.mounrisaathletics.com.au) and need to be returned at this Saturday's club day or dropped in to Paint & Decor by Wednesday June 25<sup>th</sup>