

Mount Isa Athletics



PRESS RELEASE

9 July 2014

Brianna 'THOR' Smith has once again come through, putting Mount Isa on the map with her podium finish in the Under 20 women's Hammer Throw at the 2014 Oceania Regional Championships at the Cook Islands recently. In her third selection into the Regional Australia Team "Thor" finished with her best result in an international competition thus far. Eclipsing her bronze medal of 2012, she now proudly displays a Silver medallion from the championships on her mantle. Her 45.25m throw was a mere four centimetres short of her all-time best with the 4kg weight hammer.

Laura Herbert representing Australia was a convincing winner throwing 53.29m, but Smith's 45.25m gave her a secure hold on second position over Shanes Layden's (also of the Regional Australia Team) throw of 44.00m.

Smith's lead up to the championships was less than perfect as having just completed year 12 last year has now found work commitments as part of her increasingly busy life. Luckily her hammer throw technique is of a level to keep her in the top rankings so the strength training she is doing has been enough to keep her in good stead until time becomes more available.

Thor is now set to take up the reins as an assistant coach at the Mount Isa Athletics Club and will be endeavouring to give the club's band of keen throwers a chance to reach the lofty heights that she has over the years in the fine art of hammer throwing.

Also in the regional Australia team were past Mount Isian's Cat Hannell and Kayla Horne. Cat took out Gold in the Senior Women's Long Jump as well as a bronze in the Senior Women's 4 x 100m Relay. Kayla placed 10th in the U/20 women's 100m and went home with a bronze in the U/20 women's 4 x 100m.

CLUB VENUE

Sunset Oval
Able Smith Parade
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