

Mount Isa Athletics

PRESS RELEASE

26 July 2014

This week the Mount Isa Athletics Club celebrates its first Total Legend Award recipient. A Legend Certificate is awarded to the Club athletes when they surpass a pre-set time or distance which equates to roughly the top 10% of athletes around the State. The Total Legend Trophy is awarded when an athlete receives a Certificate for every event available to them. This feat has been achieved for the first time this season by six year old Jaidyn Ferris who has now achieved Legend status in all 8 of his events. There are also a handful of other athletes needing only one or two more to achieve this status. Older athletes have an even more difficult time in their endeavour for the Total Legend Trophy as athletes 12 years and up need to pass the level in 13 different events.

Personal Bests are now proving more difficult to come by with the 103 athletes finishing the day with 114 PB's between them. One athlete that bucked the trend was Abi Constantinau who stormed home in her 800m with a 7 second PB to finish off with 5 from 5. Hot on her heels were Kisha Simpson, Rehan Bell and Cooper Douglas all finishing their day with 4 from 5. Regan Hastwell and Taku Mandizvidza also had a fair crack at it with 3 and an equal from 5.

The 800m races are not usually the most popular event on the Club schedule but last Saturday seemed to be the exception with 7 athletes all of different abilities posting substantial PB's in the event.

"It's very heartening to see athletes especially those that struggle in the events like the 800m and 1500m giving it a real go and proving to themselves they can make great improvements if they tried hard" said Club Coach Ken Dickson "Tia Peel, Bryleah Cullen, Taysha Hall, Jayden Coshoff & Cameron Preston all put in really gallant and hard fought efforts to post PB's of between 13 and 41 seconds".

Two other athletes Erin Faithful and Conor Bowden while competing at the top of their game also posted impressive 800m PB's of 23 and 10 seconds respectively.

Only one Club Record fell last Saturday when 12 year old Conor Bowden ran a 1.5 second PB to claim the 90m Hurdles title.

4 year old Scarlett Venz will receive her second 'Top Tot' award, this time for her Super Fast Running.

One thing that wasn't in short supply were recipients for legend certificates with another 17 to be presented to Cooper Douglas, Kai Fraser, Luke Hales, Conor Bowden, Renee Bracs, Denzil Perkins, Jaidyn Ferris, Teaghan Goodger, Janus Grobler, Illy Chapman, Breanna Waerea, Phoenix McMillan, Rhylee Douglas and Taku Mandizvidza.

This Saturday's competition will be followed by a two week break for the Mount Isa Rodeo and the Outback Sunset Track & Field Carnival in Longreach. The Longreach carnival is a club carnival

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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which incorporates the North West Schools Regional Championships where the athletes vie for a position in the North West School team to compete at the State Championships in Brisbane in October.