

# Mount Isa Athletics



## PRESS RELEASE

1 July 2014

The record book of the Mount Isa Athletic Club has been an ever-changing thing of late with numerous records being broken on a weekly basis at the regular Club days. However there are a number of records on the books that are from events that are offered at other carnivals, some that are from when Mount Isa Club was affiliated with Little Athletics, and some throwing events have even had weight changes over the years. Most of these events remain unimproved for many years as no athlete ever gets a chance to challenge them.

That all changed last Saturday when the Athletics Club conducted their inaugural "Isa Athletics Challenge Day". A small but determined band of 21 athletes and their cheer squads headed to Sunset Oval for a full on onslaught of these forgotten records.

Twelve of these dormant Club Records took a pounding and many more Club and All-Comers Records were set at this was the first time many of the events were conducted in Mount Isa.

Eleven year old Michelle Bracs set the pace for the day when her 10.5s time took 0.4s off the old 70m record in just the second race of the day.

The very next race saw Kale "Blackflash" Johnson knock 0.06s off his own 100 yard time set at the ANQ Championships last year. This time running the distance in 10.3s.

The group then headed off to the Long Jump runways to view Mount Isa's first ever Pole Vault Competition. Every one of the seven jumpers cleared personal best heights. The encouragement from the highly supportive crowd helped 13 year old Jade Scott do a 20cm PB and Record height of 1.70m and CJ Brice-Houseman (15) to 2.20m which is also a 20cm PB. Fellow 15 year old Josh Scott added 10cm to his previous best jumping 1.70m. The Butler brothers, Dan (14) and Andrew (13), were both impressive in their first official Pole Vault event clearing 1.90m and 1.60m respectively. Coach Ken Dickson was quite pleased with his 2.10m PB and Record for the 45-49 years and David "Coach Awesome" Scott lived up to his name and had the crowd in awe as he sailed over the bar set at 2.80m an all time personal best and Record height.

Club newcomer Reuben Westerman was impressive taking 2m 06s off the 12 year Boys 3000m time finishing in 15m 59.3s. Others to claim Club Records on the track were Michael Bracs - 7yr boys 145m – 29.0s, Jade Scott – 13yr girls 80m Hurdles -17.0s and Ken Dickson – 45-49yr mens 80m – 10.7s.

Over the years there has been a few official weight changes in the throwing events. While there were not as many throwing events on offer as there was at track three of the Clubs powerhouse throwers claimed one record each. Breanna "Cannon" Waerea added just under 2 metres to the 12 year girls 750gm Discus Record throwing 26.79m. Channai Hall tossed the 4kg Hammer out to

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### CLUB VENUE

Sunset Oval  
Able Smith Parade  
Mount Isa, Queensland

### CORRESPONDENCE

Mount Isa & Districts Athletics Association  
P.O. Box 2074  
Mount Isa, Qld, 4825

### CONTACT US

Ph: 0402 219 039  
Email: [enquiries@mountisaathletics.com.au](mailto:enquiries@mountisaathletics.com.au)  
Web: [www.mountisaathletics.com.au](http://www.mountisaathletics.com.au)

18.62m to take the 13 year girls Record and Erin "Beast" Faithful added 71cm to the 15 yr Womens 4kg Shot Put distance throwing 9.30m.

Mount Isa keeps two sets of records 'Club Records' which are the best result of any Mount Isa registered athlete anywhere, and 'All Comers Records' the best result of any registered athlete from anywhere at Mount Isa. Meaning some of the events offered on the weekend may have had Club Records but no All Comers Record as the event has never been conducted here in Mount Isa. Athletes to set new All Comers Records were Ethan Collings – 5 & Under Boys 50m - 13.1s, Sienna Stehbens – 7yr Girls High Jump – 81cm, Michael Bracs – 7yr Boys High Jump – 71cm, Jade Scott – 13yr Girls 100m Hurdles – 21.0s, Danial Butler - 14yr Boys Pole Vault – 1.90m and CJ Brice-Houseman – 15yr Men's Pole Vault – 2.20m.

A number of events that were on offer had not yet been conducted in Mount Isa which gave the athletes an opportunity to create completely new records for the books. Creators of new records were - Ethan Collings - 5 & Under Boys – 40.1s, Sienna Stehbens – 7yr Girls 145m - 27.1s & 400m – 1m 41.8s, Andrew Collings – 8yr Boys 80m – 17.0s, Channai Hall – 13yr Girls 700m Walk - 5m 25.9s, Andrew Butler- 13yr Boys 3000m - 17m 30.1s & Pole Vault – 1.60m, Danial Butler – 14yrs 3000m - 13m 14.8s, Erin Faithful – 15 yrs 1500m Walk - 12m 39.8s & 200m Hurdles – 39.7s, Mitchell Hujanen – 15yrs 200m Hurdles – 43.8s, Kath Hujanen – 50-54yrs 80m – 16.4s & 1500m Walk - 17m 32.3s and David Scott – 40-44yrs 400m Hurdles - 1m 19.8s

The Mount Isa Athletics Club will now break for the school holiday and recommence on July 19<sup>th</sup> at Sunset Oval at 2.00pm