

Mount Isa Athletics



PRESS RELEASE

30th August 2014

The jumpers of the Mount Isa Athletics Club were flying high at last Saturdays Club day with four of the five Club Records that were broken being in the jumps.

CJ Brice-Houseman had the crowd on their feet as he powered passed the 15 year Men's High Jump Record without missing a single jump and then went on to a new best height of 1.72m. Had the height been only a few centimetres higher CJ would have been able to walk cleanly underneath it.

Equally spectacular was Kale "Blackflash" Johnsons' new Open Mens Long Jump Record of 6.96m. Tragically once again Kale fouled his best jump that was undoubtedly over 7m. Both CJ and Kales' jumps saw them pass the Gold Levels for the ANQ Development Squad.

New Master athlete Jouko Hakola took the Long Jump and High Jump Record double in the 55-59 year Mens with a result of 3.57m and 1.22m respectively.

Seven year old Sienna Stehbens is still pouring on the great results, lowering the 60m record to 10.5s.

Personal bests were a little scarcer with the 86 competing athletes finishing the day with a total of 79 PB's. Bucking the trend were Malachi Minniecon and Sienna Stehbens who both finished the day with a hard fought 4 from 5 PB's. Malachi came closest to the Perfect 5 missing his 5th by a mere 7cm in his javelin event.

The Clubs' printer cartridges will be due for a top up with five more Legend Certificates going to Sela Naituku – 200m 34.5s, High Jump 1.07m, Terri-Anne Knight – Long Jump 3.63m, Amy Haddon – Training Javelin 11.05m and Kisha Simpson – Shot Put 6.46m.

Nomination forms are now available for the last two events on the Club calendar being our local "Retro" day on September 20th at Sunset Oval and the ANQ Championships in Townsville on the 3rd, 4th & 5th October.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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