

# Mount Isa Athletics



## PRESS RELEASE

2 August 2014

### **The Cannon is Firing**

It would seem that Mount Isa Athletics Club athlete Breanna “Cannon” Waerea is timing her run to the Schools Regional Championships to perfection. Last Saturday’s Club day saw her claim 2 Club Records, her 2<sup>nd</sup> Perfect 5 from 5 Personal Bests and a gold Development Squad qualifier all in the space of a few hours.

After achieving her first 5 from 5 medallion just 2 weeks earlier Breanna backed up the performance with another stellar effort last Saturday. Club President David Scott said “ Breanna should be commended for her efforts. The latter part of the season is the most difficult time to get PB’s as the athletes weekly efforts see them improving constantly, couple that with the fact that she is already performing at a high level PB’s become even more difficult”.

On her way to her Perfect Score Cannon surpassed one of her season goals when she had her first official Shot Put throw of over 10m. The 10.01m distance was also a Club Record and elevated her to a Gold Level ANQ Development Squad qualifier. Breanna’s 24.41m discus also netted her the 12 years Girls Discus Record.

Eleven year old Michelle Bracs also had impressive results running the 100m in 13.8s to take down past sprint star Tara O’Brien’s record of 14.0s which has stood for the last 12 years. Michelle also threw the Discus 26.76m bettering her own record. Katidjah Fraser added nearly a metre to the 10 year Girls Training Jav Record throwing 14.75m. Master athlete Tanya Hales stepped it up a notch with a 3.32m PB to increase the 40-44 year Womens Discus Record to 27.65m.

Joining Breanna Waerea with a Gold Development Squad qualifier was Erin Faithful throwing 28.01m with the discus.

Worthy of a special mention are Katidjah Fraser, Michelle Bracs, Brodie Roberts and Kritika Baniwal for their impressive PB tally of 4 from 5 events. Kritika would have been very frustrated with herself when in High Jump she cleared her PB height only to drag the crossbar off with her trail leg leaving her one PB short of the 5.

William Ushers’ fantastic efforts with the discus will see him awarded the Top Tot certificate when competition resumes.

There is still no let up of athletes bettering the Legend Certificate levels with Brodie Roberts, Katidjah Fraser, Riley Eggmolesse-McConnachie, Michael Bracs, Bryleah Cullen, Sela Naituku and Danielle Aplin all up for awards.

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#### CLUB VENUE

Sunset Oval  
Able Smith Parade  
Mount Isa, Queensland

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Athletics will now break for two weeks as a large contingent of athletes will be heading off to Longreach for the Outback Sunset Carnival and Schools Regional Championships on the 16/17<sup>th</sup> August. Club days will resume on the 23<sup>rd</sup> August at Sunset Oval from 2pm.