

Mount Isa Athletics

PRESS RELEASE

14 September 2013

The athletes of the Mount Isa Athletics Club really stepped it up for their final Club day of the 2013 season smashing records, recording three more Perfect Scores and claiming fourteen more Legend Certificates.

One of the best tallies of records for the season was seen with eight athletes claiming records on the day. Five year old Narnia Verhoeven may be one to watch after running an equal record time in the 60m and record time in the 80m. Michelle Bracs took .2s off the 10 year girls 100m record which was previously shared by Tara O'Brien and Lisa Hakola. Michelle's set a new time of 14.8s. Shyniah Heness (9) put in a blinder of a throw with the Training Jav posting a record throw of 14.61m. Breanna Waerea was over the moon when she finally cracked the 10m mark in the 11 year girls Shot Put increasing her record to 10.03m. Breanna is proof that dedication to training pays off having had a 25% increase in her shot put PB over the season. Erin Faithful stretched her Hammer record out to 28.47m. Cieron Botha smashed more than a second off the 14 year boys 200m coming home in a blistering 24.9s. Paul Smith inched out the 50 year Long Jump record to 2.32m and Brianna Smith took the Under 18 years Javelin record to 22.34m.

Another three perfect 5 from 5's has taken the season tally to 30, a number never before seen at the Mount Isa Athletics Club and a credit to the efforts of the athletes. The final three Perfect Score recipients were Rhylee Douglas, Breanna Waerea and claiming his second for the season, Dominic Grimaldi. Another four athletes came up just one PB short with 4 from 5 Grace Piggott, Melanie Butler, Coco Wessels and Ethan Roberts. The 93 athletes competing dug deep accumulating 153 PB's for the day an impressive number so late in the season. Even more impressive was the margin that the old PB's were being superseded by, particularly on the track where PB's of one half to a full second off were not uncommon.

The 2013 season claimed yet another record in the total amount of Legend Certificates issued. Last Saturday 14 more certificates bought the year tally to 243 thanks to Trinity Perkins, Mas Hammond Phoenix McMillan, Katidjah Fraser, Tegan Matthews, Teaghan Goodger, Kadea O'Donnell, Tyler TeWani, Memphis Waerea, Breanna Waerea, Ethan Roberts, Michelle Bracs, Erin Faithful and Maya Piggott.

There are now only two events remaining on the Isa Club Calendar being the ANQ Championships in Townsville next weekend and the Break-Up and Trophy Presentation on November 2nd at the Good Shepherd Catholic College.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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