

Mount Isa Athletics

PRESS RELEASE

2nd October 2013

As expected the athletes of Mount Isa Athletics Club had a hugely successful weekend in Townsville at the ANQ Championships returning with 7 Championship records, 27 Club records, 50 firsts, 38 seconds, 20 third placings, 93 PB's from 294 events, 10 new ANQ Development Squad qualifiers and 13 more Legend Certificate levels reached.

Undoubtedly the Isa performance of the Championships was from Denzil "Lightning" Perkins who smashed a full 4 seconds off the 9 year boys 800m record. Denzils' time of 2m 40.63s had him finish the race 100m clear of the 2nd place competitor. Just to re-iterate the calibre of the effort the old record had stood for the last 18 years. Denzil also bettered the Isa Club record for the 800m and the 200m with a time of 29.92s. As well as PB'ing 4 of his 7 events and returning with 5 firsts and 1 second place.

Brianna "Thor" Smith put in her second 50m plus Hammer throw to take out the Under 18 Womens Hammer record. The 50.50m throw was only 34cm short of her all time best. Thor also claimed Club records in the Open Womens Hammer 42.71m, Under 18 years Javelin 24.31m, Weight Throw 12.32m and Weight Pentathlon 4676 points.

Coach Awesome (David Scott) fell only 110 points short of his goal of 4000 points in the 35 – 39 year Mens Decathlon. He did however manage to secure three Championship records in the 100m Hurdles 19.14s, Pole Vault 2.70m and Decathlon 3890 points. His Pole Vault and Decathlon results were also Isa Club records along with his 60m time of 8.06s.

Maureen Sweeneys' good showing in the 55-59 years Womens Weight Pentathlon saw her better her own Championship records in Weight Throw 9.62m and Pentathlon points 2086.

Isa athletes will be scattered even further throughout the record books with Mother and Son team, Nancy and Daniel Wing, both creating new Championship records in the 70-74 year Womens for Nancy and F38 AWD Category for Daniel. Most impressive was Daniels 2.50m PB in Discus. The smile couldn't be wiped off his face after the 15.88m throw.

Isa's "Blackflash", Kale Johnson, also had a blinder of a weekend PB'ing in all possible events. His 11.11s time in the Open Mens 100m was enough to secure him gold and be presented with the Jeff Buchanen Memorial Trophy. He looked set to also take out the Hector Hogan 100 yard event but slowed before the finish line and was relegated to 3rd place. The 10.36s time was still however a Club record. Johnsons' Long Jump of 6.66m also extended the Isa Club record. His 100m time also elevated him to Gold level in the ANQ Development Squad.

Heptathletes Erin Faithful and Cat Hannell both also exceeded the ANQ Development Squad standards in Heptathlon. Cats' 3426 points haul saw her reach Open Silver level (just 174 points short of Gold level) and also achieved Silver level in Javelin with a distance of 30.89m. Fourteen year old Erins' 3152 points took her passed the Under 16 Gold level. Her 10m shot put throw also

CLUB VENUE

Sunset Oval
Able Smith Parade
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saw her eclipse yet another milestone. Along with Shot Put she also claimed the 14 years 90m Hurdles Club record in a time of 16.61s.

Fourteen year old Cieron Botha seems to be dropping his sprint times on a weekly basis. His 11.95s time in the 100m and 24.77s in the 200m both set new marks in the Isa Club record book. His 100m time also saw him qualify for the ANQ Development Squad.

It was a daunting task for the Clubs junior Pole Vaulters when more than 100 people gathered to watch the spectacular event. Sadly nerves got the better of Joshua and Jade Scott who both recorded no heights but CJ Brice-Houseman pushed through the barrier to record a Development Squad qualifying height of 2.00m.

Carmen Preston and Estelle Smith both bettered the Club records for Weight Pentathlon. Estelle also lowered her time for the 60m sprint to 13.92s.

Teaghan Goodger needed 5 more PB's from 6 events to record a mammoth 50 personal bests for the season but agonisingly fell only two short. As a consolation she took out the Isa Club Record for the 80m hurdles with a 18.09s time and her 21.99m Hammer throw saw her smash her way into the ANQ Development Squad.

Ken Dickson once again retained the "WTF" NQ Masters Decathlon Trophy with his 4232 point haul. Coach Awesome has vowed this will be the last year and intends to have his spot on the trophy next year when he enters the 40-44 year age group. Dickson claimed Club records in the 60m, Long Jump and an equal in the Pole Vault over the weekend.

Ten year old Abby Layt was out of the medals but none the less impressive with her times in the 800m and 1500m events falling just seconds short of the Isa Club records.

Throwers, Breanna "Cannon" Waerea and Bryleah Cullen were both slightly off their best but still managed to secure gold in their Shot Put and Discus events.

Ex-Isian James Sweeney has remained registered with the Club and contested the Under 20 Decathlon. His 4316 points finish was a Silver Development Squad qualifier as was his 48.04m Javelin throw. James also claimed the Isa Club record in Shot Put, High Jump and Javelin.

Sisters Anni-Rose and Serena Gowland both had a feast of PB's with Anni-Rose netting 3 from 6 and Serena 4 from 7.

The quality of the Townsville Sports Reserve synthetic track was very evident with 34 of the 47 PB's achieved by the Junior athletes being claimed on the track. PB's from the younger athletes were aplenty with Kai Fraser finishing with 4 from 6, Jace Fraser 3/8, Trinity Perkins 3/8, Rico Waerea 5/8, Melanie Butler 4/9 and Patrick Baker 6 and an equal from 11.

Iain Faithful and Danial Butler both struggled through injury over the weekend. The fact that Danial Butler had his foot in plaster didn't stop him from posting near PB results in all of his throwing events and Iain managed 3 PB's in his Masters Decathlon.

Club newcomers Cathy Chapman, David McMillan, Paul Cullen and Barb Baker all put on a good showing posting excellent results in all their events.

Brothers Les and Phoenix McMillan along with Cianan Botha, Katidjah Frazer, Connor Baker, Andrew Butler, Ryan Hujanen, Tegan Matthews, Jade Scott, Mitchell Hujanen and Josh Scott all put in stellar performances in the face of fierce competition. Many of the group also claimed their final Legend Certificates of the season.

Club workhorses Kath Hujanen and Paul Smith also fared well in their throwing events with Kath achieving 2 personal bests and Paul placing second in the Weight Pentathlon.