

# Mount Isa Athletics

## PRESS RELEASE

2 November 2013

The Mount Isa Athletics Clubs' Break-up and Trophy Presentation was held at Good Shepherd Catholic College's new activities hall the 'Lumen Christi Centre' on Saturday. Nearly 200 adults & kids turned out for the event which celebrated the achievements of the athletes over the 2013 season. Patrons kept themselves entertained with the Jumping Castle and feasted on chicken, salads and sweets until the commencement of the trophy presentations.

The Clubs representatives said they were delighted with the success of the 2013 season finishing the year with 182 registrations making it the third biggest ANQ athletics club in North Queensland beaten only by the Cairns and Townsville Clubs. One third of the club (62) different athletes travelled away to attend carnivals returning with 241 placing's and 11 away records, the clubs athletes competed 8252 times and achieved 2672 Personal Bests a ratio of around 1 in 3, they also bettered Isa club records 234 times. 288 Champ awards and 256 Legend Certificates were presented. 15 athletes bettered ANQ Development Squad qualifying standards and 8 athletes represented the North West region at the primary and secondary schools state championships. The club also had 2 athletes compete in the Oceania Regional Championships in Tahiti as part of the Northern Australia Team.

Seventeen year old Brianna Smith was again this year's standout performer taking out the "Most Outstanding Performance" trophy for the second year running. Brianna has represented the club at the QA State Championships, Queensland at the AA National Championships and Northern Australia at the Oceania Regional Championships in Tahiti. She has broken club records in 6 different events as well as regularly attending training and club days. Smith has also assisted the club coaches by sharing her expertise in Hammer Throwing to other athletes in the club.

Erin Faithful, 14 years, took out the Clubs "Best & Fairest Award" for her efforts to maintain a consistently high standard while showing sportsmanship and respect to her fellow athletes, coaches and officials. Faithful is an outstanding athlete breaking six long standing club records which were set by a number of high calibre athletes over the past years. Erin's diverse athletic abilities have seen her enter the realm of the Heptathlon where she is proving to be a formidable force.

The "Ambassador Award" is presented to an athlete who displays courage, perseverance and a good attitude and maintains their enthusiasm throughout the season and was this year awarded to 73 year old Nancy Wing. Nancy's sportsmanship coupled with her determination to improve makes her an inspiration to athletes of all ages.

Daniel Wing was awarded the 2013 "Volunteer of the Year" for his invaluable assistance to the club. Daniel, who is the clubs only Athlete with a Disability (AWD) is always one of the first to arrive at the track on club days to set up equipment, he works tirelessly and always asks what else need to be done. He competes in the throwing events throughout the day then starts packing up as soon as he is free.

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### CLUB VENUE

Sunset Oval  
Able Smith Parade  
Mount Isa, Queensland

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Runner of the Year, Jumper of the Year and Thrower of the Year trophies were presented to the best Male and Female in each discipline. These athletes do not necessarily have to be talented in all events in each discipline but need to have excelled in at least one. Runners of the Year; Denzil Perkins (9) and Michelle Bracs (10). Jumpers of the year; CJ Brice-Houseman (14) and Cat Hannell (Open). Throwers of the Year; Phoenix McMillan (7) and Breanna Waerea (11).

Throughout the year athletes have been accruing 1 point for each event they contest as well as an extra 2 points for every personal best achieved. These points are then calculated to determine the Points Trophy winners for each age group. This system has been designed so that athletes, regardless of their ability, can be in contention for these trophies as long as they have regular attendance, attempt as many events as possible and continue to improve throughout the year. The point's trophies this year came down to the wire with quite a few age groups not being decided until the final weeks. The 2013 season has seen the highest number of athletes to eclipse the 100 point mark to date and 13yr old Teaghan Goodger's 187 points is the highest ever recorded since the introduction of these awards. Points Trophy winners were Narnia Verhoeven, Les McMillan, Scarlett Zielinski, Jaxon Constantinou, Serena Gowland, Phoenix McMillan, Sienna TeWani, Rico Waerea, Bryleah Cullen, Denzil Perkins, Melanie Butler, Jude Mullins, Breanna Waerea, Memphis Waerea, Jade Scott, Ryan Hujanen, Teaghan Goodger, Mitchell Hujanen, Carmen Preston, Kale Johnson, Kath Hujanen and David Scott.

Club Champion Awards are presented to the athletes and runner ups that accrue the highest number of Personal Bests throughout the year in three different age divisions. Winner for the 5 & 6 years group was Scarlett Zielinski – 28 PB's. Receiving the award for the 7 to 14 years was Teaghan Goodger – with an unprecedented 48 PB's and David Scott took out the 15 years to Masters with 30 PB's. Runners up were: 5 & 6 years – Sienna Stehbens; 7 to 14 years – Serena Gowland; 15 years to Masters – was shared by Carmen Preston and Ken Dickson.

Gold, Silver and Bronze PB medallions are presented to athletes who pass a pre-determined number of PB's throughout the year. Winners of the Gold Medallions (30+ PB's) were Teaghan Goodger, Serena Gowland, Patrick Baker, Tyson Hales, Breanna Waerea, Ryan Hujanen, Michelle Bracs, Jude Mullins, Melanie Butler, Mitchell Hujanen, Denzil Perkins, Ashlee Spencer, Sienna TeWani, Danial Butler and David Scott.

Silver (25-29 PB's) winners were Kyra Krutzfeldt, Mas Hammond, CJ Brice-Houseman, Rico Waerea, Scarlett Zielinski, Hailee Kokles, Rhylee Douglas, Jace Fraser, Gabriel Wood, Sienna Stehbens, Abigail Constantinou, Kadea O'Donnell, Terri-Anne Knight, Andrew Butler, Narnia Verhoeven, Taylah Batrachenko, Trinity Perkins, Chloe Batrachenko, Luca Tafia and Dominic Grimaldi.

Bronze (20-24 PB's) winners were Ashlee Toms, Kisha Simpson, Channai Hall, Jaxon Constantinou, Kai Fraser, Phoenix McMillan, Tom Clancy, Connor Baker, Teuila Kohlhase, Bryleah Cullen, Tyler TeWani, Jonny Holmes, Lewis McCoy, Katidjah Fraser, Tegan Matthews, Brodie Roberts, Sina Tafia, Tiarna Krutzfeldt, Jazzy Harris, Grace Piggott, Carmen Preston, Caleb Simpson, Riley Mullins, Ethan Roberts, Cameron Preston, Ken Dickson, Coco Wessels, Amy Haddon, Shyniah Heness, Jade Scott, Erin Faithful, Les McMillan, Joshua Scott and Chris Simpson.

Coaches Awards are presented to athletes who always perform to the best of their ability and have a good attitude regardless of whether they are the 'best' or not. Coaches' awards this year were presented to Emma Brulotte, Cameron Preston, Brod Hammond, Channai Hall, Tegan Matthews, Gabriel Wood, Tyson Hales, Ethan Roberts, Patrick Baker, Tyler TeWani, Lewis McCoy, Cieron Botha, Eadie Christopherson, Sienna Stehbens, Rorik Christopherson, Mas Hammond, Kadea O'Donnell, Trinity Toby and Ally Haddon.

Any athlete that has broken a standing record throughout the year was presented with a plaque noting their achievements, athletes to receive plaques were Narnia Verhoeven, Trinity Perkins, Shyniah Heness, Jude Mullins, Charlize Osborne, Dominic Grimaldi, Teaghan Goodger, CJ Brice-Houseman, Adam Farolw, Michelle Bracs, Breanna Waerea, Cieron Botha, Carmen Preston, Denzil Perkins, Erin Faithful and Brianna Smith.

Under 20yrs to Master athletes James Sweeney, Cat Hannell, Kale Johnson, Daniel Moro, David McMillan, David Scott, Wayne Wood, Kristy Kreis, Sharon Dickson, Ken Dickson, Estelle Smith, Paul Smith and Maureen Sweeney all received certificates to indicate records broken within their age groups during the year.

The dedication of 17 athletes, Abigail Constantinou, Teaghan Goodger, Kath Hujanen, Les McMillan, Jaxon Constantinou, Luke Hales, Phoenix McMillan, Rico Waerea, Gabriel Wood, Connor Baker, Jude Mullins, Riley Mullins, Patrick Baker, Ryan Hujanen, Danial Butler, Mitchell Hujanen and David Scott was rewarded when they received trophies for 100% attendance

Every registered athlete who competed throughout the year also received a personal best certificate highlighting their best performances of the 2013 season. And all the 4 year old "Tiny Tots" also received a Participation trophy for their tremendous efforts during the year.

Any athletes that were to receive awards but weren't able to attend the presentation are asked to contact David Scott at Paint & Décor in order to receive their trophies, medals or certificates. Most members of the club can now enjoy a well earned rest until around March/April 2014 when next year's season is expected to commence.