

Mount Isa Athletics

PRESS RELEASE

18 November 2013

Just when we thought that the Mount Isa Athletics Club's 2013 season couldn't get any better, it did. As a Grand Finale to their record season they received not one but three awards at Athletics North Queensland's (ANQ) recent Presentation night.

The ANQ region encompasses an area from Rockhampton in the south, Mossman in the north and as far west as Mount Isa. Of the 34 clubs in the region Mount Isa was voted the ANQ Club of the year for 2013.

The past twelve months has seen the club celebrate record registration of 182 athletes making it the third biggest in the group, 2 international representatives, 2 National Reps, 7 state Reps, Successfully host the Xstrata Great Western Games and they have had 1/3 of the club travel to 3 different athletics carnivals and even though they had the largest distance to travel they had one of the biggest teams of athletes at the ANQ Championships this year. The success of the club can also be credited to the outstanding commitment of the committee and hoards of parent helpers each week.

Second of the awards went to club President/Coach/Grants Officer and Athlete David Scott. Coach Awesome as he is better known received a Merit Award for Outstanding and Dedicated Service to Athletics in North Queensland. Scott was the driving force and an integral part of the clubs advancement from a Little A's club to the all inclusive club we see today, he has secured over \$18,000 in grants and sponsorship this year. Also a keen Decathlete and Pole Vaulter he coordinates all the coaching for the club and has formed the Mount Isa Vault Squad. Scott's business Paint & Decor is also a massive sponsor and supporter of the MIAC.

The third award to be received was for Master Athlete of the Year which went to Ken Dickson. Dickson returned to athletics back in 2002 after previously competing in his teens. Since returning to competition he has gradually reintroduced himself to all his old events plus a few others and is now also a keen Decathlete. He rates himself as an athlete that can hold his own but is by no means a champion. He encountered some of Australia's best 45 to 49yr olds at the Barrier Reef Masters Games in Cairns and returned with a swag of Bling but with only one gold amongst them. In his favoured event the Decathlon, he once again emerged victorious in the age adjusted NQ Masters Decathlon at the ANQ Championships.

"The best thing about Masters Athletics is that the competition is fierce but the results are not overly important. It is a very supportive and encouraging atmosphere "Dickson said "the hard part is that you have to train like an elite athlete just not to get any worse"

CLUB VENUE

Sunset Oval
Able Smith Parade
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