

# Mount Isa Athletics

## PRESS RELEASE

25 May 2013

The Jumpers of the Mount Isa Athletics Club were on their game at last Saturday's club day with four of the seven Club Records that were broken being in the jumps. Kale 'Blackflash' Johnson was thankful of work that had been done to extend the Long Jump pit in previous years when he landed 6.63m from the takeoff adding a full 34cm to the existing Open Men's record set by 'Mr Olympian' Arnold Sorina last year. CJ Brice Houseman is raising the bar for future 14yr olds when he cleared 1.61m in High Jump rewarding himself with a new personal best and club record. Jumps Coach David Scott said "CJ has only just started learning the flop and there are still things we can fine tune, I think 1.70m isn't out of the question for him." Newly registered Master athlete Kristy Kreis is showing her diversity adding Long Jump to her ever growing list of records with a jump of 3.60m, Kreis also threw 23.58m in Javelin to claim that record. Another newly signed master is Good Shepherd Principle Wayne Wood who pumped out a 41.35m Javelin throw on debut to claim the 30-34yr Men's record. Paul Smith increased the 50-54yr men's records in long jump to 2.27m and 22.6s for the 100m.

Ten year old Melanie Butler overcame less than ideal track conditions to be the solo recipient of the converted 'Perfect 5 from 5' PB medallion. Mel also had some fun with Coach Awesome pointing out to him the she now has the 5 from 5 medal that eluded him when he crashed out in last week's hurdles. Once again Teaghan Goodger joins the ranks of athletes achieving 4 from 5 PB's after coming as close two weeks earlier. Teaghan is joined by Elyza Pitt, Tyson Hales and Jude Mullins who all came up just one PB short.

On a lighter note Master athlete Paul Smith was over the moon when he managed to beat Kale 'Blackflash' Johnson in a 100m sprint, something that not too many people can lay claim to. It probably should be noted that Johnson strained a hamstring during the race and walked to the finish where Smith took a 3.5 second lead over him.

Two more ANQ Development Squad qualifying distances were met on the weekend by athletes Erin Faithful – Javelin 24.01m and Kale Johnson – Long Jump 6.63m. Both athletes have already qualified for the 2013 squad but new qualifiers this year insure their place in the 2014 squad.

Andrew Rattansay will be rewarded for his good listening skills and for always trying his hardest when he receives the 'Top Tot' award this Saturday.

Legend Certificate levels continue to be met throughout the season with Erin Faithful, Jude Mullins, Bryleah Cullen, Sienna TeWani, Tamara Harrison, Lusac Spitzner-Lewis, Shyniah Henness and Hailee Kokles all to receive certificates this Saturday. It should be noted that Legend Certificates are only given out to an athlete once for a particular event making the amount of certificates issued each week even more remarkable.

Athletics continues this Saturday at Sunset Oval commencing at 2.00pm.

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### CLUB VENUE

Sunset Oval  
Able Smith Parade  
Mount Isa, Queensland

### CORRESPONDENCE

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