

Mount Isa Athletics

PRESS RELEASE

23 March 2013

Yet another athlete from the Mount Isa Athletics Club has embarked on an expedition to Brisbane to represent the town and state. Local Paramedic Cat Hannell has just completed a competition in the Queensland Track Classic at the Queensland State Athletic Facility on Saturday night where she was part of the QLD 'C' women's team competing in the 4 x 100m Relay. The team put on a great showing placing 4th in a time of 48.04s and only narrowly missing third place by 11 hundredths of a second. The team were more than happy with their performance considering none of the girls in the group have ever raced together before and they didn't even have a baton to use in their one practice session just prior to the race. The time of 48.04s equates to an average flying 100m time of 12.01s, respectable in anyone's book.

"It was a privilege to represent my home state on the track at such a prestigious event." Hannell said "To be honest I was just happy to complete my leg of the race quickly and without any uniform malfunctions or baton change issues as the event was being televised!"

"The best part was getting a chance to race in front of some of Australia's sprinting royalty-Olympians Sally Pearson and Josh Ross and a privilege to compete both with and against Australia's top female sprinters." She continued.

After her successful showing at the Queensland Track Classic Cat's focus is now firmly on the Open Women's Long Jump event at the Queensland State Athletic Championships where she will be up against the best the state has to offer this Thursday.

Hannell's last competitive jump was at the ANQ Championships back in September 2012 where she jumped an impressive 5.45m to take silver in the event. The leap also gave her a Gold level qualifier for the Athletics North Queensland Development Squad which is designed to identify and advance elite athletes in the North.

Hannell Said "At the State Championships I'm aiming to enhance my seasons best for long jump. This will improve my chances of being selected for the Regional Australia Team competing in the Oceania Championships in Tahiti 2013."

Cat has indicated her availability to the Northern Australian Team selection committee in the hope that she will be able to compete at the Oceania Area Championships in Tahiti in early June. The Oceania Championships will see athletes from 22 different Oceania federations come together for what has always proven to be a week of fierce competition.

"I'm looking forward to representing Athletics North Queensland and of course sporting the Mount Isa Athletics Club colours." Hannell concluded.

CLUB VENUE

Sunset Oval
Able Smith Parade
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