

Mount Isa Athletics

PRESS RELEASE

1 June 2013

There was a flood of Personal Bests at Mount Isa Athletics Club last Saturday with the club as a whole having a 40% success rate (2 from 5). Only a few weeks ago the club had an unprecedented five 'Perfect 5 from 5' PB's in one day, extraordinarily the feat was replicated again at the last club day. Seven year old Phoenix McMillan was the first of the bunch to secure his medal but what was an even a bigger rarity was that the other four were from the combined 13yr and 14 yr age group. Georgia Roberts, Shae Jones, Danial Butler, CJ Brice-Houseman and Joshua Scott all entered their final race, the 400m, with 4 from 4 needing one final PB for success. All athletes, even those not vying for the perfect score put in their best efforts and had nothing left at the end. Four of the five, to their delight achieved massive PB's with only Jones missing out by 1.4 seconds.

Probably even more tragic was Emma Owen's effort that saw her finish the day with 4 PB's and an equal time after rounding in the 60m Hurdles. Owen was part of another unprecedented count of 11 athletes that came 'oh so close' with 4 from 5 Personal Bests. Nearly every age group celebrated one or more athletes with at least four PB's. Joining Owen with 4 from 5 were Siena Stehbens, Jaxon Constantinou, Serena Gowland, Abigail Constantinou, Rico Waerea, Kyra Krutzfeldt, Julian Grimaldi, Patrick Baker, Dominic Grimaldi, and Shae Jones.

Club Records were also on the move with 12yr old Dominic Grimaldi lowering the time for the 90m Hurdles to 19.0s. Danny Moro increased the Open Shot Put to 8.77m as did powerhouse thrower Wayne Wood in the 30-34yr Masters Shot Put with a throw of 10.57m.

As the athletic season is progressing more and more athletes are honing their skills which are seeing an increase in Legend Certificates being awarded. This week will see another 17 athletes receive 24 certificates. Athletes are Narnia Verhoeven, Les McMillan, Phoenix McMillan, Sienna Stehbens, Trinity Toby, Teaghan Goodger, Luca Tafia, Teuila Kohlhase, Gabriel Wood, Breanna Waerea, Emma Cursio, Sina Tafia, Lily Cook, Julian Grimaldi, Jake Cook, Mas Hammond and Shyniah Henness.

A Super Long Jump by Mahli Palmer has earned her this week's 'Top Tot' award.

The Xstrata Great Western Games is fast approaching with the date for the one day athletic competition being set down for the Saturday 20th of July. The club has organized for Longreach's photo finish equipment and an operator to be in use at the carnival and they are flying out one of the ANQ admin staff to control the Meet Manager computer programme which will free up much needed manpower on the field. Nomination forms for the Athletics section of the games can be downloaded from the club website www.mountisaathletics.com.au or picked up from the registrar's desk each club day. Non registered athletes can also compete at the games and need only fill out a Day Registration form also downloadable from the website.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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