

# Mount Isa Athletics



## PRESS RELEASE

26 February 2012

Two Mount Isa girls have done the city and Club proud with impressive results at the recent Queensland Junior Track & Field Championships. 17 year old Brianna Smith and 15 year old Carmen Preston boarded a plane to Brisbane last week to commence their journey to the QEII Stadium for the State Championships.

Smith can still lay claim to being Queensland's second best Under 18 Hammer thrower once again placing second to National No. 2 Ellen Scott-Young from the Gold Coast. Smith's throw of 45.94m should be applauded as the State and National Championships both coincide with the end of the Southern season meaning their athletes are at their peak. The timing of the Championships forces both our girls to train through the off season and have not competed since September last year.

The next thing on Smiths' calendar of events will be the Australian Junior Track & Field Championships in Perth on the 12<sup>th</sup>-17<sup>th</sup> March. Should Brianna attain her goal of a 50 plus metre throw at the Championships we may well see her back on the podium as we did in 2012 when she placed 3<sup>rd</sup> in the same event.

Preston was impressive at her first ever State Championships returning with two fourths and a tenth place. Having suffered a broken foot six months ago which hampered training greatly, she must be congratulated for achieving personal bests in 2 of her 3 events. Preston placed fourth in her favoured Javelin event throwing 27.14m and was a model of consistency with all throws within 1 metre of her personal best. As an added bonus her Javelin throw netted her the Mount Isa Club record increasing the old mark by 5 metres.

Prestons five metre personal best in Hammer also gained her a fourth place with a distance of 27.65m. Again showing her consistency five of her six throws were all within half a metre of her new best mark which is made all the more impressive as Carmen was only introduced to Hammer twelve months ago and still has not yet added turns to her throw. While in Brisbane Preston also competed in the discus event in which she placed 10<sup>th</sup> with a throw of 21.77m, a PB of nearly 2 metres.

Both girls are eagerly awaiting completion of the Athletic Clubs new Hammer/Discus Cage at Sunset Oval. The enclosure will more closely simulate competition conditions being of regulation dimensions. The cage has been built by the Club with the assistance of the Mount Isa City Council and Sportscover Australia. It is hoped that the concreting of the regulation throwing ring will be completed before the season start date of the 20<sup>th</sup> April.

The Club will hold two sign ons for the 2013 season which are scheduled for March 24<sup>th</sup> and April 14<sup>th</sup>. Visit the Club website for more details at [www.mountisaathletics.com.au](http://www.mountisaathletics.com.au).

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### CLUB VENUE

Sunset Oval  
Able Smith Parade  
Mount Isa, Queensland

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