

Mount Isa Athletics

PRESS RELEASE

30 April 2013

Mount Isa Athletic Clubs attendance record of 137 set one week ago is now a thing of the past. Last Saturdays Club Day saw 153 athletes competing setting a new bench mark for the Club.

Club President David Scott said “these numbers are unbelievable. In the past if we had a big age group we would separate them into boys and girls or faster and slower groups for the sprints, on Saturday we had to have 2 heats for both girls and boys in a few of the age groups”.

“When we tallied up the numbers at the end of the day we were actually a bit surprised as we thought we were a bit down on last Saturday. It turned out that it only looked like less because all the age marshalls and parents were so well organised that everything was running like clockwork” Mr Scott continued.

When asked what was responsible for the resurgence in athletics Mr Scott replied “its hard to say, most sports cycle up and down over the years but I think that primarily it is that athletics is a family sport. We have kids from 4 years right through to our 72 year old ‘Miss Nancy’ competing. Some families have mum, dad and the kids all having a go at the same place at the same time”. Scott added “I also think that the amount of media coverage we get has a lot to do with it as well. The regular articles in the North West Star and occasional spots on some radio stations have got to help our cause. As well we are all over the internet with our web page along with the Mount Isa Athletics Club and Coach Awesome Facebook pages”.

Coach Awesome, (David Scott) was lucky to save face in the 100m race on Saturday when training buddy and rival Kenforcer, (Ken Dickson) strained a hamstring while leading Mr Awesome to the finish line. Coach Awesome did claim to be “reeling him in” before the injury.

Father and daughter duo Iain and Erin Faithful went head to head in the 200m. Iain held his own in the early stages of the race but Erins’ younger and fitter and faster legs carried her to a comfortable win by the end of the race.

Even though athletes are still yet to complete the full complement of events available to them Personal Best performances are already starting to flow freely. 80 PB’s were achieved by the 153 athletes attending. With the six yr olds being the standout performers

Fourteen more outstanding performances will be rewarded this week as nine athletes will be receiving certificates for surpassing the requirements on the Legend certificate charts. Those receiving certificates will be Erin Faithful – 200m 30.0s and Shot Put 9.30m, Gabriel Wood – 200m 36.1s and Shot Put 5.46m, Terri-Anne Knight - High Jump 1.05m, Denzil Perkins - 200m 33.3s, Discus 17.54m and High Jump 1.03m, Katidjah Fraser – Discus 12.50m and Shot Put 4.98m, Bryleah Cullen – Shot Put 4.93m, Dan Grant – Shot Put 8.33m, Triston Cameron – Turbo Jav 6.22m and Lucas Spitzner-Lewis – Turbo Jav 7.95m.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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This week's "Top Tot" award will go to four year old Aiden Sweeney for his continued Enthusiasm

Fifteen year old Carmen Preston will have to wait another couple of weeks to get an official 30m Javelin recording, but her throw of 27.98m was still enough to take out the club record. Brianna Smith increased the club record in her second favourite event Shot Put to 9.90m even though she was a little disappointed to fall short of the 10m mark. Sprinter Kale Johnson showed he also has good arm speed increasing the Open men's Shot Put mark to 8.28m. However newcomer Daniel Simpson is planning to claim the record in upcoming weeks.

Athletics continues this Saturday at Sunset Oval commencing at 2.00pm