

Mount Isa Athletics

PRESS RELEASE

15th September 2012

The Mount Isa Athletics Club had a good turnout for its final Club Day of the 2012 season with the best attendance of athletes for the last six weeks.

Many of the 82 attending athletes must have realised this was their last chance to improve their season best results and after clear instructions from Club Coach David Scott for the athletes to take advantage of the uncommonly still conditions to grab as many personal bests on the track as they could.

Eight year old Kaitlyn Gallagher heeded the instruction and had a blinder of a day recording the Clubs' 13th perfect 5 from 5 PB Score for the season. Hot on her heels were Mackenzie McCulloch, Lucas Spitzner-Lewis, Eva Harpley, Marshall McCulloch, Lewis McCoy, Tristan Garrett and Mitchell Hujanen who all finished the day with 4 from 5. The high number of PB's from many athletes has seen them increase their standings for the end of year points trophies and also changed the shade of the PB medallions which will be presented at the Clubs Break Up and Trophy Presentation on the 10th November. PB medallions will be presented to athletes who achieve 20 (bronze), 25 (silver) and 30 (gold) PB's throughout the season.

A few more names will also be added to the record books with eight year old Denzil Perkins taking another 0.6s off his age groups' 100m Record running a time of 15 seconds flat. Perkins is hopeful of taking the record into the 14 second realm in a weeks time when competing at the ANQ Championships on the synthetic track in Townsville. When Breanna Waerea found out that her equal distance of 7.30m in the 10 years shot put would get her into the record books she did a little happy dance as a warm up to her 200m race. Nicole Dickson increased her U/18 Discus record to 27.47m Holly Johnstone ran a 28.4s 200m to lower the U/18 record and Ken Dickson added 2cm to his Long Jump record jumping 4.42m.

Club International Brianna Smith has set her sights on qualifying for the 2013 Oceania Regional Championships in Tahiti in the Under 20 Hammer event. Smith being only 16 has a regulation Hammer weight of 3kg but will be required to throw a 4kg Hammer to qualify for the older age group. She has intensified her training with the heavier weight which has had impressive results. While competing in the Under 20 division at Club level Smith smashed out a 45.29m Throw which was over the 45 metre Tahiti qualifier. Hopefully Smith can replicate the result at the ANQ Championships in a weeks time. Obviously Smith also increased the Under 20 Club record in the process.

A bit of friendly rivalry between Open athlete Jevon Fulwood and Master Ken Dickson saw the pair to and fro the lead of their Javelin event until Fulwood pumped out a three metre PB with a throw of 39.49m to claim bragging rights until the start of next season.

The feast of PB's also saw 15 more athletes pass the Legend level in 17 events. Stepping up with highly credible performances were Marshall McCulloch, Sienna TeWani, Lewis McCoy, Gabriel

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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Wood, Katidjah Fraser, Kaitlyn Gallagher, Kai Fraser, Trinity Perkins, Stephen Cranston, Patrick Baker, Tristan Garrett, Ngoni Kahondo, Sam Riddle, Jace Fraser & Charlize Osborne. In the process six year old Ngoni Kahondo's final Legend Certificate elevated him to be only the third athlete to achieve Total Legend status for receiving a Legend Certificate in all events offered to him. Six more athletes fell only one or two Legend Certificate short and are deserving of an honourable mention they were Sam Riddle, Trinity Perkins, Jace Fraser, Gabriel Wood, Denzil Perkins and Jakarra Carney.

All of the awards from the final Club day will be presented prior to the end of season awards at the Clubs' Break up and Trophy Presentation which is to be held at the Sunset State Schools' undercover area on Saturday 10th November 2012 commencing at 2pm.