

Mount Isa Athletics



PRESS RELEASE

5th May 2012

The total number of Personal Best performances at Mount Isa Athletics Club days are on a steady increase as the athletes start to repeat events from the previous two weeks of competition. As hurdles were held for the first time this season no athletes were in contention for the Perfect five from five medallion. That didn't stop two athletes 5yr old Jaxon Constantinou and 9yr old Ben Horsnell from giving stellar performances with both achieving an impressive four from five PB's from the day's events.

The long weekend saw a slight drop in competitor numbers with only 84 hitting the track this week, 90 Personal Bests were achieved across the club which is quite reasonable considering all of the older age groups only had the opportunity to improve no more than two events.

Club records were also a rarity with Nicole Dickson the only one to increase a standing record pushing the U/18 women's Discus record out to 26.22m. Thirteen year old Erin Faithful's Hammer throw of 28.60m increased the top mark of the newly formed record in her age group due to new weight specifications.

Eleven more Legend certificates will be presented this Saturday to Denzil Perkins, Rico Waerea, Ngoni Kahondo, Sam Riddle, Erin Faithful, Jakarra Carney and Jonah Donovan. Legend Certificates are a pre-determined time or distance which is roughly calculated around the top ten to fifteen percent of results from over a decade of results. A number of athletes have almost already amassed a full set of Legend Certificates, should they acquire Legend Certificates in all events available to them they will then receive a "Total Legend" trophy for their efforts, this is particularly difficult for older athletes as they have to excel in up to thirteen different events.

This week's "Top Tot" award will go to four year old Les McMillan for impressing onlookers with his Throwing.

Club Coaches David Scott and Ken Dickson trekked down to Cloncurry Saturday morning to host a training session for the newly formed club and were impressed by the work being done there. "They have had more than forty athletes with ages ranging from four years through to masters try out and are getting more and more each week paying their rego fees" said Mount Isa Head Coach David Scott. "They have all the basic equipment and have set up the best track possible with the space available to them and they have an abundance of parental help. Over all it seems to be going really well."

Anyone interested in the Cloncurry Club should contact Sergeant Mick Hughes at the Cloncurry PCYC. Mount Isa will conduct its fourth club day at Sunset Oval this Saturday from 2.00pm. New registration are accepted all year so it is never too late to come down and try out.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

CORRESPONDENCE

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