

Mount Isa Athletics

PRESS RELEASE

12 May 2012

Personal Best Performances were coming hard and fast at Mount Isa Athletics Club's competition day last week. One of the goals that athletes strive for during the season is to acquire five Personal Best (PB) performances from the five events offered to them each club day, should an athlete be successful they then receive a medallion in the following weeks to note their achievement. Last Saturday's competition saw a wave of athletes step up to the mark, a total of six athletes gave it their best shot but all came up just one PB short acquiring four from five. Jaxon Constantinou and Ben Horsnell both backed up from last week's efforts securing another four from five this week, Jaxon missed his 5th by a mere 3cm in Shot Put. Other valiant efforts were from Rico Waerea, Max Mills and Coach Awesome (David Scott). Closest of all was Joshua Scott (Son of Awesome) jumping an equal height in high jump in his 5th event.

Eight year old Denzil Perkins is set to continue his record run taking another point two of a second of his 100m record running it in a time of 15.6s. Denzil's results are already nudging a number of other records in the sprints and jumps so expect to see this name repeated again in future articles. The other record breaker from the weekend was 10yr old Memphis Waerea who added nearly two metres to the Training Javelin mark with a throw of 17.70m.

Twelve more Legend Certificate levels were surpassed with Katidjah Fraser, Luca Tafia, Belinda Georgee, Sam Riddle Breanna Waerea, Jonah Donovan, Ngoni Kahondo, Memphis Waerea and Rico Waerea all to receive certificates for their efforts.

This coming Saturday will see athletes from the Cloncurry wing of Mount Isa Athletics arrive at Sunset Oval for their first away trip to Mount Isa to compete against their fellow athletes. Luckily the Curry Club is arriving on a day that Mount Isa is running hurdles so they can experience an event that is not yet available to them at Cloncurry. The Curry wing has been set up within the Mount Isa Club to ascertain the viability of them setting up a club in their own right in the future. Current numbers indicate this could well be on the cards. The Cloncurry athletes are physically part of the Mount Isa Club and compete for the same end of year trophies but club records for the two clubs are being kept separate to enable an easy partition in the future.

You couldn't wipe the smile of Club Head coach David Scott's (Coach Awesome) face during the week when he finally took delivery of the three long awaited Pole Vault Poles. The poles were imported from Sweden and had Mr Scott getting excited every time a transport truck pulled up out the front of his workplace with a load around five metres long. The cost of one of the poles was donated by the Mining Advocate Magazine, keen Decathletes David Scott, Ken Dickson and Iain Faithful all chipped in for another and the Athletics Club purchased the third. With the Pole Vault Box which was constructed and donated by ART sheetmetal the club is now ready to get into some serious training for the ANQ Championships in September and maybe even the High Schools State Championships if any of the athletes take a shine to it.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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In a pleasant surprise for the club a very well known athlete, who still hold records in a number of age groups, Tara O'brien made an appearance on Saturday Tara swapped her running spikes for placing sticks this weekend. "It's different to have Tara hand you your place stick after handing them to her over so many years" Coach Awesome said. According to the club records, Tara competed at the club all through her schooling years and left a few years ago to Uni. "It's always nice to see athletes that have spent so many years at the club come back from time to time for a visit" Awesome continued.

Athletics continues every Saturday afternoon until the School Holidays at Sunset Park commencing at 2.00pm. New athletes are welcomed all year and are allowed two free trial days before registration fees are due. For more information drop in to Sunset Park on Able Smith Parade or visit the club website at www.mountisaathletics.com.au