

Mount Isa Athletics

PRESS RELEASE

2nd June 2012

Eight year old Denzil Perkins can now tick off one more of the Mount Isa Athletic Clubs records from his "to do" list. Last Saturday saw Perkins take 0.1 of a second off the existing 60m Hurdle record running a time of 11.5 seconds. The old record was set back in 2002 by well known Isa athlete James Sweeney. Club Coach and Recorder, Ken Dickson, said "the scary thing about Denzil is that he still isn't running to his full potential due to running on our grass/dirt track with persistent head winds and no-one to push him faster. Fellow eight year old Tremaine Body is actually quite quick but always seems to be left in Denzils wake. Let Denzil loose on a synthetic track and watch the records fall as they did at last years ANQ Championships where he broke four of the five North Queensland track records and missed the fifth by only 0.01 of a second.

Also on the list of record breakers from last Saturdays Club Day was Katidjah Fraser adding nearly a metre to the 8 year girls Training Jav record. Under 18 athlete Nicole Dickson is inching up her discus record with a throw of 27.46m as is Brianna Smith setting a new mark of 10.09m in the 16 years Womens Shot Put. Sharon Dickson also increased 45-49 year discus record to 18.05m.

The quantity of Legend Certificates has been slowing in recent weeks with only 6 more being issued this week to Charlize Osborne, Jace Fraser, Tremaine Body, Lewis McCoy and Shanara Body.

Personal Bests however have been coming hard and fast with the entire Club averaging just short of 2 pb's from every 5 events. The stand out age group being the 10 year olds who managed to pb in half the events offered to them with the standout performer from last week being Liam Baynes who acquired the coveted perfect 5 from 5 pb's. Liam was closely followed by fellow 10 year old John-Alex Cranston who finished the day with 4 from 5 as did Sapphire Osborne and Rhiannon Mills. Lewis McCoy was also close with 3 pb's and an equal time in the 100m.

Tomorrow will be the last opportunity for athletes to get their nominations in for the NQ Games in Mackay on the weekend of the 23rd June. Forms are to be given to the Registrar at the Club day between 2pm and 5pm at Sunset Oval.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

CORRESPONDENCE

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