

Mount Isa Athletics



PRESS RELEASE

28th July 2012

While numbers were down at Mount Isa Athletics Saturday Club day the quantity of results was high. The 78 attending athletes achieved PB's in nearly one third of their events. The best for the day was 13 year old CJ Brice-Houseman who achieved the increasingly difficult 5 from 5 personal bests. Hot on his heels were Ethan Muir, Ethan Condren, Lily Cook, Akash Laksham and Erin Faithful who all impressed managing a very credible 4 PB's. A good effort was also put in by Rico Waerea and Max Mills who both achieved 3 PB's and an equal for the day.

On an opposite tack to last week's athletics carnival the majority of PB's took place on the track. The favourable conditions saw many junior athletes take more than a second off their hurdle PB's. Most notable were Trinity Perkins and Hailee Kokles who in yet another hard fought race both took two seconds off their previous best times in the 60m hurdles. Both girls also passed the Legend Certificate level in the process.

Others to receive Legend Certificates were Gabriel Woods who has only recently arrived in town from the Herbert River Club, Jake Cook, Sienna Stehbens, Memphis Waerea and Rico Waerea.

Club records are now becoming harder to obtain as the season progresses but thirteen year old Erin Faithful was beaming with pride when she pumped out the discus to 25.82m to break the current record which has stood for the last 15 years. Erin now has a full set of records in the throwing events for her age group.

Star Hammer thrower, Brianna Smith, increased her official PB in the 16 years Hammer out to 48.29m wiping out her old record in the process. Holly Johnstone showed she is not just a track star improving the U18 Womens Triple Jump to 8.92m and Master athlete and coach, Ken Dickson, was happy that he has finally returned to form in his favoured Discus event putting in his best throw in nearly two years to improve the 45 – 49 year Discus record to 31.65m.

This Saturday, 4th August, will see the last Club day for a few weeks as there will be no competition held on Rodeo weekend and the following weekend will see many of the Club head off to Longreach for the Outback Sunset Carnival and Primary & Secondary School Regional Championships. Any athlete planning on attending the Carnival will need to get their nomination forms returned to the Club at this weekend's Club day. Club days will then resume on Saturday August 25th.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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