

Mount Isa Athletics

PRESS RELEASE

28 April 2012

Personal Best performances are already starting to flow freely at Mount Isa Athletics Club's second day of competition. While all athletes this week were still yet to complete their full complement of events available to them. 75 PB's were achieved by the 107 athletes attending. The Five and Six year old age groups performed best averaging two PB's each with newcomers Kyla Howard, Locky Collinson and Ngoni Kahondo standing out with three each.

It looks like Club Records are set to take a hammering again this year as the club starts to show the depth of talent it possess. Erin Faithful added to the 13yr girls Shot Put record increasing it to 8.77m. The old record was set two years before Erin was born. Brianna Smith pushed the 16yrs Javelin record to 21.94m. And newcomer to the Open Women's age group Cat Hannell has certainly rattled the cage breaking four records in the day, 100m – 13.6s, 200m – 27.7s, Shot Put – 9.19m and Javelin – 31.89m.

Twenty more excellent performances will be rewarded this week as eleven athletes will be receiving certificates for surpassing the requirements on the Legend certificate charts. Those receiving certificates will be Breanna Waerea, Denzil Perkins, Erin Faithful, Jace Fraser, Jade Scott, Jakarra Carney, Memphis Waerea, Ngoni Kahondo, Sam Riddle, Tremaine Body and Tristan Garrett.

This week's "Top Tot" award will go to four year old Corey Fleming for continuing on with his race after having a spectacular tumble and excellent throwing technique.

Three more qualifying performances for the ANQ Development Squad were also achieved by Jacarra Carney (12) and Cat Hannell (Open) for Javelin and Erin Faithful for Shot Put.

Mount Isa Club Coaches David Scott and Ken Dickson will heading down to Cloncurry this Saturday to conduct a coaching session for the athletes of the newly formed Cloncurry wing of the Mount Isa Club. The session will commence at 9.00am and be followed by their third day of competition at 10.00am. The coaches will then race back to the Isa to set up for their own club day which will include the first session of hurdles for the year. Competition at the Isa will commence at 2.00pm at Sunset Oval.

Training is now starting to ramp up for the good sized contingent of athletes who will be attending the North Queensland Games in Mackay on the 23rd & 24th of June. Nomination forms are now available on the Club's website www.mountisaathletics.com.au

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

CORRESPONDENCE

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