

Mount Isa Athletics



PRESS RELEASE

28 May 2011

Near perfect conditions greeted the one hundred strong Mount Isa Athletic Club athletes on Saturday afternoon. The absence of the ever present head wind which shoots down the 100m straight made for quite a number of Records and Personal Bests.

Club Recorder Ken Dickson joked "We may have to get the entire Six year age group drug tested after their second week of posting a massive amount of PB's. The group of eleven accumulated 36 PB's out of the club total of 139, that's better than 25%."

Of the eleven six year olds, three, Lily Crighton, Sienna Hume and Rico Waerea were the first of the season to accomplish the Perfect 5 from 5 PB's and will receive medallions in the coming weeks. The age group can also boast three of the five athletes who managed to score 4 from 5. Six year olds Maddison Dolzan, Ethan Condren and Lachlan Hume were joined by 10yr olds Courtney Boshoff and Patrick Baker.

Another of the many highlights of the day was the teenage boys 100m sprint. The perfect conditions saw all seven post Personal Best times with four 15yr olds running 12 second times, Brad Watt – 12.1s, Lachlan Ryder – 12.3s, Adam Farlow – 12.5s, Ryan Shoobridge – 12.9s and 17yr old James Sweeney clocked his first 11 second run on the home track with a time of 11.9s. The timekeepers had their work cut out for them with the first four to cross the line all within a half second of each other.

Club records were also taking a battering on the weekend with five track and two Javelin marks being bettered. Seven year old Denzil Perkins lowered his 60m time to 10.3s and can now add the 200m to his list of achievements when his time of 35.9s bettered the old record which was set back in 1998. Katidjah Fraser (7) lowered her 80m record to 15.1s, Erin Faithful ran a 13.9s to skim two tenths of a second off the 12yr girls 100m record and Holly Johnstone (16) is winding her 100m times down with a run of 13.3s, Johnstone also threw 19.80m to increase the Javelin distance. Club Coach and Athlete David Scott finally cracked the 30m mark with the Javelin to post a throw of 31.34m in the 35-39 age group.

Athletes across the board have been achieving impressive results with twenty one more legend certificates to be presented to Lachlan Ryder, Adam Farlow, Bailey Tautau, Erin Faithful, Shackiah Body, Shanara Body, Casey Larkin, Jade Scott, Memphis Waerea, Otto Tweedie, Breanna Waerea, Tremaine Body, Phoenix McMillan, Bella Sloan and LeBron Brooks. The "Top Tot" award this week will go to Jaxon Constantinou for his excellent effort at trying hurdles for the first time.

Athletics will continue at 2.00pm this Saturday at the Sunset Oval.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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