

Mount Isa Athletics

PRESS RELEASE

27 March 2011

ATHLETES RETURN TO SATURDAY COMPETITIONS

The Mount Isa Athletic Club will kick off the 2011 athletics season with their sign-on to be held on Sunday the 27th March. If volunteer numbers permit the club is hoping to have a few coaching stations operating where new members can get a crash course in some of the athletic events. There will also be a second sign-on on Sunday 3rd April. Both days will start at 9.00am at Sunset Oval on Abel Smith Parade and conclude around 12 noon.

This year will see the club returning to Saturday afternoon competitions. The first competition day will be on Saturday 9th of April and is planned to commence at 2.00pm and assistance will be required with set-up from 1.00pm.

The Mount Isa & District Athletics Association is a club that caters for all age groups, there is no age limit upwards making it one of the few sports where the whole family can compete. We are lucky to have a number of adults who train and compete and it is wonderful for the kids to see their parents "have a go". Athletics is open to anyone turning 5 years old in 2011 right through to Masters. If any registered athlete has a younger brother or sister turning 4 years they are also able to join Tiny Tots. Events are modified to suit their age however no recordings are kept for this age group. Extra parental supervision is essential for this group. New athletes in all ages will need to bring along a copy of their birth certificate for sighting when registering.

After consistently high registrations in recent years the club always needs many helpers on the oval with measuring, raking, time-keeping, retrieving shot puts and discus' as well as just keeping an eye on the kids. It is very easy and a fun way to see how well your children are doing. Lack of assistance in earlier years forced the club to introduce a Family Levy. The Levy is a fee which is to be paid at time of registration and refunded at the end of the season provided that a parent or guardian has assisted the club at least half the time their child has attended.

The Athletics North Queensland Development Officer Cameron Clayton will again be making the trek from Townsville to Mount Isa to assist the club with sign-on. Cameron was a great hit with kids of all ages when he attended last year and has planned to touch base with Mount Isa's newly formed Road Runners Club. In his five day visit he is hoping to run a coaching clinic for the Mount Isa Development Squad athletes as well as run sessions at a number of the district schools.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

CORRESPONDENCE

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