

Mount Isa Athletics

PRESS RELEASE

16 July 2011

Athletics is now getting into the business end of the season. Both of Mount Isa's High Schools will this Friday compete in their inter-house athletics carnivals. They will then be straight into the Interschool (Districts) Championships on the following Friday of the 29th. Many Club athletes will then back up with the Western Games the very next day, Saturday the 30th. As well a few of the successful athletes from the Primary Schools Regional Championships will be heading off to Brisbane to contest their State Championships on the 8th and 9th of August. All Club athletes and athletes who were successful at the Secondary Schools District Championships will, after a short break, will make the trek to Longreach to attend the Outback Sunset Carnival and Secondary Schools Regional Championships on the 20th and 21st of August.

With only five more normal Club days left it is becoming increasingly difficult for athletes to notch up five from five personal bests (PB's). While none were successful last week three athletes, Abigail Constantinou, Ella Condren and Shackiah Body had a valiant attempt acquiring four from five. The closest of the three was Abigail Constantinou who fell only two tenths of a second short of her 80 metre time.

Kaylee Louis' efforts in shot put earned her this week's Top Tot Award.

12 year old Erin Faithfuls preparation for the Primary Schools State Championships is in good order after she added two metres to her club discus record with a throw of 22.09m. Faithful has also been pulling good times in her 100 and 200 metre races and is hopeful the synthetic track in Brisbane will lower her times even further. Holly Johnstone (16) is this year proving herself as more of an all rounder this week setting new records in 200m – 27.7s, shot put – 8.39m and javelin – 20.05m. James Sweeney (17) while this year being hindered with injury still managed to let fly with a 44.52m javelin throw to increase the Under 18 record.

Eleven more Legend Certificates this week will be awarded to Sienna TeWani, Elizabeth Barwick, Hailee Kokles, Lachlan Ryder, Patrick Baker, Shanara Body, Sara Grant, Rico Waerea, Josh Shanks and Sienna Hume.

Anyone wishing to nominate for the Western Games will need to return the nomination forms to the Club this Saturday.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

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