

Mount Isa Athletics

PRESS RELEASE

14 May 2011

Personal Bests were coming hard and fast at Mount Isa Athletic Club's fourth club day with the 100+ competing athletes accumulating 148 PB's between them. Nearly all groups are now in contention for the Perfect 5 from 5 PB Medallion and there were many that came tantalising close when seven athletes Elizabeth Barwick, Roy Hines, Philo Horne, Josie Hopkins, Dilhan Garrahy, Dillan Frazer and Reece Ryan all managed an impressive 4 from 5. Two of those athletes came frustratingly close with 5yr olds Elizabeth Barwick missing out by just two tenths of a second and even closer was Philo Horne who actually ran an equal time in one of his events.

There were only three records to take a tumble this week, Casey Larkin added to the 10yrs Training Jav distance with a throw of 15.85m, 16yr old Nikki Dickson pushed the Discus record for the age out to 23.56m and 11yr old Bailey Tautau is steadily increasing his Discus record which is now at 26.20m.

The Clubs team of teenage speedsters may now have someone to chase when 22yr old Kale Johnson dropped in for a run and to consider returning to Track and Field. Johnson rates himself as a sprinter/jumper and had spectators and competitors alike in awe as he ran a 11.6s 100m and 24.8s 200m. The feat even more impressive knowing that Johnson is yet to start actively training. Five athletes, Katidjah Fraser, Memphis Waerea, Sara Grant, Ebony Turaga and Adam Farlow will this week share in the eight Legend Certificates to be awarded for exceptional performances and 4yr old Isla Neil will be the recipient of the newly introduced "Top Tot" award, Isla impressed her age marshal's with exceptional Discus throwing technique for her age.

This Saturday's competition will see the much anticipated return of "Coach Awesome" (Aka – David Scott) to the track. Coach Awesome is part of a currently twelve strong team heading off to Townsville on the Queen's birthday long weekend for a massive track & Field carnival where competitors ranging from five years right through to their nineties will be taking part in a combination of five different championships.

"Coach Awesome" and "Coach not so Awesome" (Aka – Ken Dickson) will once again be taking on the self initiated NQ Masters Decathlon Challenge where a number of club coaches from throughout North Queensland that also compete as master athletes get together and punish each other over the ten event competition. Nominations are still being taken if anyone is still considering attending any of the carnivals. It should also be noted that to compete in the Student Games section of the mega weekend athletes do not need to be registered with an athletics club and can simply represent their schools. Forms can be obtained through the Mount Isa Athletics Club or from the ANQ website.

Club Competition will continue at the Sunset Oval this Saturday at 2.00pm. New members are always welcome throughout the season.

CLUB VENUE

Sunset Oval
Able Smith Parade
Mount Isa, Queensland

CORRESPONDENCE

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